



AMERICA'S 250TH
Our Nation's River

2026 Delaware River Sojourn Overview

June 2026

“Our Nation’s River”

June 20-26



AMERICA'S 250TH
Our Nation's River

	Day 1 Saturday, June 20	Day 2 Sunday, June 21	Day 3 Monday, June 22	Day 4 Tuesday, June 23	Day 5 Wednesday, June 24	Day 6 Thursday, June 25	Day 7 Friday, June 26
Evening Camping Location	Camp Keowa at Ten Mile River (TMR) Scout Camps, N.Y.	Camp Keowa at Ten Mile River (TMR) Scout Camps, N.Y.	Worthington State Forest, N.J.	Worthington State Forest, N.J.	Washington Crossing State Park, N.J. – Group Camping site at Phillips Farm	Washington Crossing State Park, N.J. – Group Camping site at Phillips Farm	No camping, Sojourn over
NOTE: Camp Keowa at TMR opens Friday, June 19 at 4 p.m.							
River Section to be Paddled	Ten Mile River, N.Y. (RM 284) to Highland Access, N.Y. (RM 275); lunch at Zane Grey Access, Pa. (~RM 278) 9 miles, Class I & Class II rapids	Skinnners Falls, N.Y. (RM 295.5) to Ten Mile River, N.Y. (RM 284); lunch at Narrowsburg Access, N.Y. (RM 290) 11.5 miles, Class I & Class II Rapids, including Skinnners Falls	Kittatinny’s Staircase Rapids Access, N.Y. (RM 264) to Airport Park, Matamoras, Pa. (~RM 253); lunch at Sparrowbush Access, N.Y. (RM 258) 11 miles, Class I & Class II rapids, incl. Mongaup Rapid	Smithfield Beach, Pa. (RM 218) to Delaware Beach, Knowlton Twp., N.J. (~RM 205); lunch at Kittatinny Point, N.J. (RM 211.5) 13 miles, Class I/I+ rapids	Delaware Beach, Knowlton Twp., N.J. (~RM 205) to Lower Mt. Bethel Twp. Visitors Center (LMBT VC), Riverton Park, Pa. (~RM 197) 8 miles, Class I/I+ rapids	Fireman’s Eddy, N.J. (RM 147) to Yardley, Pa. (RM 138.5); lunch at Washington Crossing Historic Park (~RM 142) 8.5 miles, Class I/I+ rapids, Paddle through Scudder Falls	Pleasant Hill Park at Linden Ave., Pa. (~RM 111) and paddle upstream to Neshaminy State Park, Pa. (~RM 116) and back; lunch at Neshaminy State Park 5 miles each way with tide – 10 miles total (High Tide 12:55 p.m.)

Break Camp?	No	No	Yes, in morning; drive to Airport Park, Matamoras, Pa. (~40 min)	No	Yes, in morning; drive to LMBT VC, Pa. (~20 min)	No	Yes, in morning; drive to Pleasant Hill Park, Pa. (~30 min)
Morning Meeting Location & Registration For All Sojourners	In Camp: Ten Mile River Camp, N.Y. – Camp Keowa, Scouting America	In Camp: Ten Mile River Camp, N.Y. – Camp Keowa, Scouting America	At Takeout: Airport Park, Matamoras, Pa.	In Camp: Worthington State Forest, N.J.	At Takeout: LMBT VC Riverton Park	In Camp: Washington Crossing State Park, N.J.	At Takeout: Pleasant Hill Park, Pa.
Breakfast For All Sojourners	In Camp: Ten Mile River Camp, N.Y. – Camp Keowa, Scouting America	In Camp: Ten Mile River Camp, N.Y. – Camp Keowa, Scouting America	At Takeout: Airport Park, Matamoras, Pa.	In Camp: Worthington State Forest, N.J.	At Takeout: LMBT VC Riverton Park	In Camp: Washington Crossing State Park, N.J.	At Takeout: Pleasant Hill Park, Pa.
Morning Shuttle For All Sojourners	Sojourn will shuttle everyone from camp to Ten Mile River Access, N.Y. after breakfast & registration	Sojourn will shuttle everyone from camp to Skinners Falls Access, N.Y. after breakfast & registration	In AM: Campers drive to takeout to meet everyone Sojourn shuttles everyone from Airport Park to the launch site after breakfast & registration	Sojourn will shuttle everyone from camp to Smithfield Beach, Pa. after breakfast & registration	In AM: Campers drive to takeout to meet everyone Sojourn shuttles everyone from LMBT VC to Delaware Beach, Knowlton Twp., N.J. after breakfast & registration	Sojourn shuttles everyone from camp to Fireman’s Eddy, N.J. after breakfast & registration	In AM: campers drive to Pleasant Hill Park to meet everyone No shuttle on this day Folks will launch after breakfast & registration, welcome & safety talk
Launch site	Ten Mile River Access, N.Y.	Skinners Falls Access, N.Y.	Kittatinny’s Staircase Rapids Access, N.Y.	Smithfield Beach, Pa.	Delaware Beach, Knowlton Twp., N.J.	Fireman’s Eddy, N.J.	Pleasant Hill Park, Pa.
Morning Programs	Welcome Program in camp & Safety Talk	Welcome and Safety Talk	Welcome and Safety Talk	Welcome and Safety Talk	Welcome and Safety	Welcome and Safety Talk	Welcome and Safety Talk

Lunch and Group Photo	Zane Grey Access, Pa.	Darbytown FBC Access, Pa. (Across from Narrowsburg, N.Y.)	Sparrowbush Access, N.Y.	Kittatinny Point, N.J.	LMBT VC, Riverton Park, Pa.	Washington Crossing Historic Park (WCHP), Pa.	Neshaminy State Park (NSP), Pa.
Lunch Program	Furbearers by Delaware Highlands Conservancy	UDC/DRBC at Narrowsburg	tbd	Shelley DePaul, Lenape Nation of PA	Welcome from LMBT & Northampton County, Sept. 11 th National Memorial Trail	WCHP Tour & blacksmithing demo by Friends of Washington Crossing Park	Rob Campion, DCNR NSP Manager & Doug Miller, Pennsbury Manor
Resume Paddling	After lunch	After Lunch	After Lunch	After Lunch	N/A	After Lunch	After Lunch
Afternoon Programs	n/a	n/a	n/a	n/a	n/a	n/a	Sojourn finale with water ice
Takeout	Highland Access, N.Y.	Ten Mile River, N.Y.	Airport Park, Matamoras, Pa.	Delaware Beach, Knowlton Twp., N.J.	LMBT VC, Riverton Park, Pa.	Yardley, Pa.	Pleasant Hill Park, Pa.
Afternoon Shuttle (For all Sojourners)	Sojourn will shuttle everyone back to camp	Sojourn will shuttle everyone back to camp	None, drive to Worthington State Forest, N.J. (~1 hr) or head home	Sojourn will shuttle everyone back to camp	None, drive to Washington Crossing State Park, N.J. (~1 1/2 hr) or head home	Sojourn will shuttle everyone back to camp	None
Dinner	In Camp at TMR Camp Keowa	In Camp at TMR Camp Keowa	On Own	In Camp at Worthington State Forest	In camp at Washington Crossing State Park	In camp at Washington Crossing State Park	None
Evening Program	tbd	tbd	Set up Camp; Music in Camp	Round robin with local partners & interactive learning tables	Set up camp + evening program by DRBC, PA Fish & Boat + local partners	Washington Crossing State Park & Parks Assoc.: Info on new N.J. Visitors Center (also: Lightning Bug Hike +/- Observatory)	None, Sojourn over

Daily Plan – Day 1

Saturday, June 20, 2026

Day Coordinators:

Kerry Engelhardt – Upper Delaware Council
Lydia Freethy – Delaware Highlands Conservancy
Jess Yoder – Pike County Planning & Mapping

Stretch to be Paddled:

Ten Mile River Access, Tusten, NY (RM 284) to Highland Access, Highland, NY (RM 275)

9 Miles ~ Class I and Class II Rapids



AMERICA'S 250TH
Our Nation's River

Evening Camping: Camp Keowa at Ten Mile River Scout Camps, 139 Keowa Rd., White Lake, NY

NOTE: Campers are welcome to arrive Friday, June 19, 2026, after 4 p.m. No dinner will be provided.

Saturday Morning Meeting Location for Everyone:

Camp Keowa at Ten Mile River Scout Camps

139 Keowa Rd, White Lake, NY 12786

See directions on page 2

8:00 a.m.	Breakfast at Camp Keowa Dining Hall for all Sojourners
8:00 a.m.	Registration opens at Camp Keowa for all Sojourners
8:30 a.m.	Arriving today with a boat? Drop off with NEWE livery by this time.
9:00 a.m.	Sojourn Welcome & Kickoff
9:15 a.m.	Livery with boats and NCSP safeties depart for launch location
10:00 a.m.	Buses leave to shuttle sojourners to the Ten Mile River Access (buses onsite at 9:30 a.m.)
10:30 a.m.	Safety Talk with National Canoe Safety Patrol
11:00 a.m.	Optional paddling instruction for new paddlers with National Canoe Safety Patrol.
11:15 - 11:45 a.m.	Launch
1:30 p.m.	Lunch and Furbearers program by Delaware Highlands Conservancy at Zane Grey Access (RM 278)
2:30 – 3 p.m.	Launch (3 miles to takeout)
4:30 p.m.	Takeout at Highland Access. Buses will shuttle paddlers back to Camp Keowa.
7:00 p.m.	Dinner at Camp Keowa.
7:30 p.m.	Evening program TBD
10:30 p.m.	Quiet Hours in camp.

Please Note: If bringing your own boat, please make sure it has up-to-date registration and/or current launch permits.

Evening Camping Info: There are showers and bathroom facilities at Camp Keowa. Be bear aware! Do not leave food unattended in tents or open cars; properly dispose of all garbage.

EMERGENCY CONTACT NUMBERS:

National Park Service Dispatch: 1-570-426-2457

9-1-1

Many Thanks to Today's Sojourn Partners:

Delaware River Sojourn Steering Committee; Upper Delaware Preservation Coalition; National Canoe Safety Patrol; Camp Keowa at Ten Mile River Scout Camps; Delaware Highlands Conservancy; Northeast Wilderness Experience; NPS Upper Delaware Scenic & Recreational River; Upper Delaware Council; Pike County Planning and Mapping; PA Fish and Boat Commission; NYS Dept. of Environmental Conservation; Konrad's Kitchen; and We Transport

****The Sojourn thanks Jessica Yoder for creating our 2026 logo design and Sandy Schultz for designing the 2026 itinerary maps and paddle!****

Special Thanks to 2026 Sojourn Grantors, Donors & Sponsors:

Pennsylvania Organization of Watersheds and Rivers; ShopRite; NPS Lower Delaware Wild and Scenic River; Delaware River Basin Commission; Northampton County Parks, Recreation & Conservation; Explore Warren County; and PPL

ARRIVING TODAY?

**Directions to Camp Keowa at Ten Mile River Scout Camps:
139 Keowa Rd, White Lake, NY 12786**

- [Click here to make your own directions to Camp Keowa](#)

Via Port Jervis, NY:

- Take State Route 97 North 18 miles to Barryville
- Turn right onto State Route 55 East, drive for 11.2 miles
- Turn left onto Crystal Lake Road (County Route 26), drive for one mile
- Turn right onto Keowa Road at large stone sign
- Drive approximately 0.9 miles to campsite

From Pennsylvania or points north/west, via Narrowsburg, NY:

- Drive South on NY State Route 97
- Slight left onto County Route 23, drive for 3.9 miles
- Turn left onto Crystal Lake Road (County Route 26) at sign for Scout Camps, drive for 5.3 miles
- Turn left onto Keowa Road at large stone sign for Camp Keowa
- Drive approximately 0.9 miles to campsite

TRAVEL ON YOUR OWN TO CAMP KEOWA



Camp Keowa

8:00 A.M. BREAKFAST AND
REGISTRATION IN CAMP

7:00 P.M.
DINNER AND PROGRAM
IN CAMP

9:00 A.M. SOJOURN WELCOME
AND KICK-OFF

10:00 A.M. BUS
TO THE RIVER



11:00 A.M. - TEN MILE RIVER
- SAFETY TALK AND LAUNCH -



LUNCH  AT
ZANE GREY

DELAWARE RIVER SOJOURN
Day 1, Saturday, June 20, 2026

**Ten Mile River Access (RM 284)
to Highland Access (RM 275)**

9 MILES CLASS I & II RAPIDS

BUS BACK TO
CAMP



4:30 P.M. -- TAKE OUT
- HIGHLAND ACCESS -



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BE AWARE OF BEAR NOTICES IN CAMP

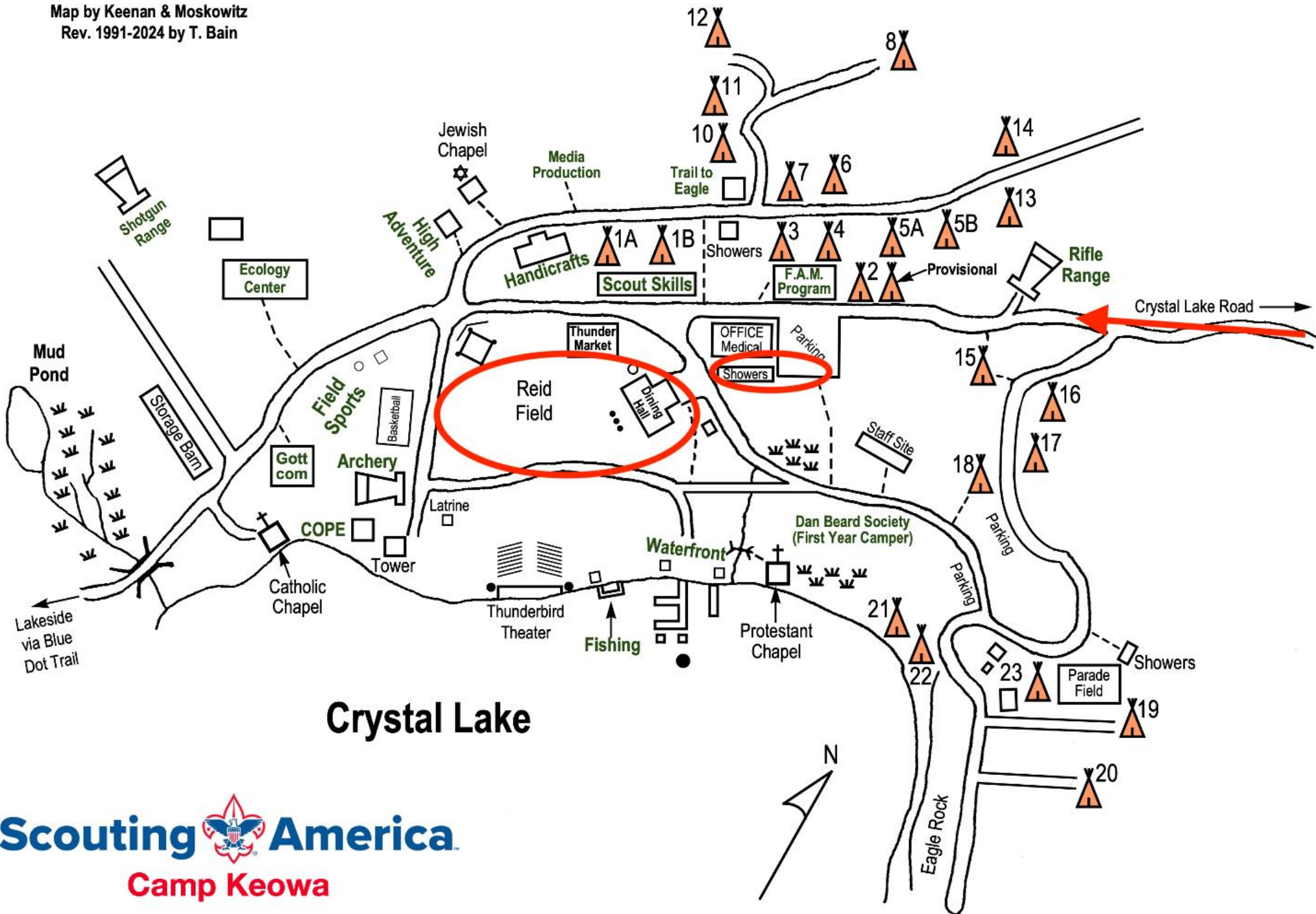


Camp Keowa at Ten Mile River Scout Camps

Camp Rules

- **No cars are permitted on Reid Field when camping. There is an access road for unloading gear.**
- **No fires permitted on the grass.**
- **Quiet Hours: 10 p.m.**

Map by Keenan & Moskowitz
Rev. 1991-2024 by T. Bain



Crystal Lake

Daily Plan – Day 2

Sunday, June 21, 2026

Day Coordinators:

Kerry Engelhardt – Upper Delaware Council
Lydia Freethy – Delaware Highlands Conservancy
Jess Yoder – Pike County Planning and Mapping

Stretch to be Paddled:

Skinners Falls, NY (RM 295.5) to Ten Mile River, NY (RM 284)
11.5 miles through Class I & II Rapids

Evening Camping: Camp Keowa at Ten Mile River Scout Camps, 139 Keowa Rd., White Lake, NY



AMERICA'S 250TH
Our Nation's River

Sunday Morning Meeting Location for Everyone:

Camp Keowa at Ten Mile River Scout Camps

139 Keowa Rd., White Lake, NY 12786

See directions on page 2

7:30 a.m.	Breakfast and registration for all Sojourners at Camp Keowa Dining Hall. Note: Everyone must register each morning
7:30 a.m.	Arriving today with a boat? Drop off with NEWE livery first, then register and have breakfast
8:15 a.m.	Livery with boats and NCSP safeties depart for launch location
8:30 a.m.	Sojourn Welcome
9:00 a.m.	Buses leave Camp Keowa to head to Skinners Falls Access (buses onsite at 8:30 a.m.)
9:30 a.m.	Safety Talk at Skinners Falls Access (RM 295.5) with National Canoe Safety Patrol
10:15 a.m.	Optional paddling instruction for new paddlers with National Canoe Safety Patrol
10:30 – 11 a.m.	Launch at Skinners Falls Access – 5.5 miles to lunch location
1:30 p.m.	Lunch at Darbytown PA Fish and Boat Commission Access (~RM 290) with lunch program by Upper Delaware Council and Delaware River Basin Commission
2:30 p.m. - 3 p.m.	Launch following lunch – 6 miles to takeout
6:00 p.m.	Take-out at Ten Mile River Access (RM 284)
6:30 p.m.	Buses leave TMR Access to head back to camp
7:00 p.m.	Dinner @ Camp Keowa Dining Hall
7:45 p.m.	Evening program TBD
10:30 p.m.	Quiet Hours in camp

EMERGENCY CONTACT NUMBERS:

National Park Service Dispatch: 1-570-426-2457

9-1-1

Please Note: If bringing your own boat, please make sure it has up-to-date registration and/or current launch permits.
Evening Camping Info: There are shower and full bathroom facilities at Camp Keowa. Be bear aware! Do not leave food unattended in tents or open cars; properly dispose of all garbage.

Many Thanks to Today's Sojourn Partners:

Delaware River Sojourn Steering Committee; Upper Delaware Preservation Coalition; National Canoe Safety Patrol; Camp Keowa at Ten Mile River Scout Camps; Delaware Highlands Conservancy; Northeast Wilderness Experience; NPS Upper Delaware Scenic & Recreational River; Upper Delaware Council; Pike County Planning and Mapping; Delaware River Basin Commission; NYS Dept. of Environmental Conservation; PA Fish and Boat Commission; Konrad's Kitchen; and We Transport

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ARRIVING TODAY?

Directions to Camp Keowa at Ten Mile River Scout Camps:

139 Keowa Rd., White Lake, NY 12786

- [Click here to make your own directions to Camp Keowa](#)

Via Port Jervis, NY:

- Take State Route 97 North 18 miles to Barryville
- Turn right onto State Route 55 East, drive for 11.2 miles
- Turn left onto Crystal Lake Road (County Route 26), drive for one mile
- Turn right onto Keowa Road at large stone sign
- Drive approximately 0.9 miles to campsite

From Pennsylvania or points north/west, via Narrowsburg, NY:

- Drive South on NY State Route 97
- Slight left onto County Route 23, drive for 3.9 miles
- Turn left onto Crystal Lake Road (County Route 26) at sign for Scout Camps, drive for 5.3 miles
- Turn left onto Keowa Road at large stone sign for Camp Keowa
- Drive approximately 0.9 miles to campsite

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TRAVEL ON YOUR OWN TO CAMP KEOWA



Day 2 ~ Sunday, June 21, 2026

**Skidders Falls (RM 295.5)
to Ten Mile River (RM 284)**

11.5 MILES CLASS I & II RAPIDS

SKIDERS FALLS
SAFETY TALK
10:30 A.M. LAUNCH

7:00 A.M. BREAKFAST &
REGISTRATION IN CAMP
8:30 A.M. WELCOME
9:00 A.M. BUS TO SKIDERS

7:00 P.M. DINNER &
EVENING PROGRAM

LUNCH AT
NARROWSBURG



6:00 P.M. TAKE OUT AT
TEN MILE RIVER ACCESS -
BUS BACK TO CAMP



AMERICA'S 250TH
Our Nation's River

Camp Keowa



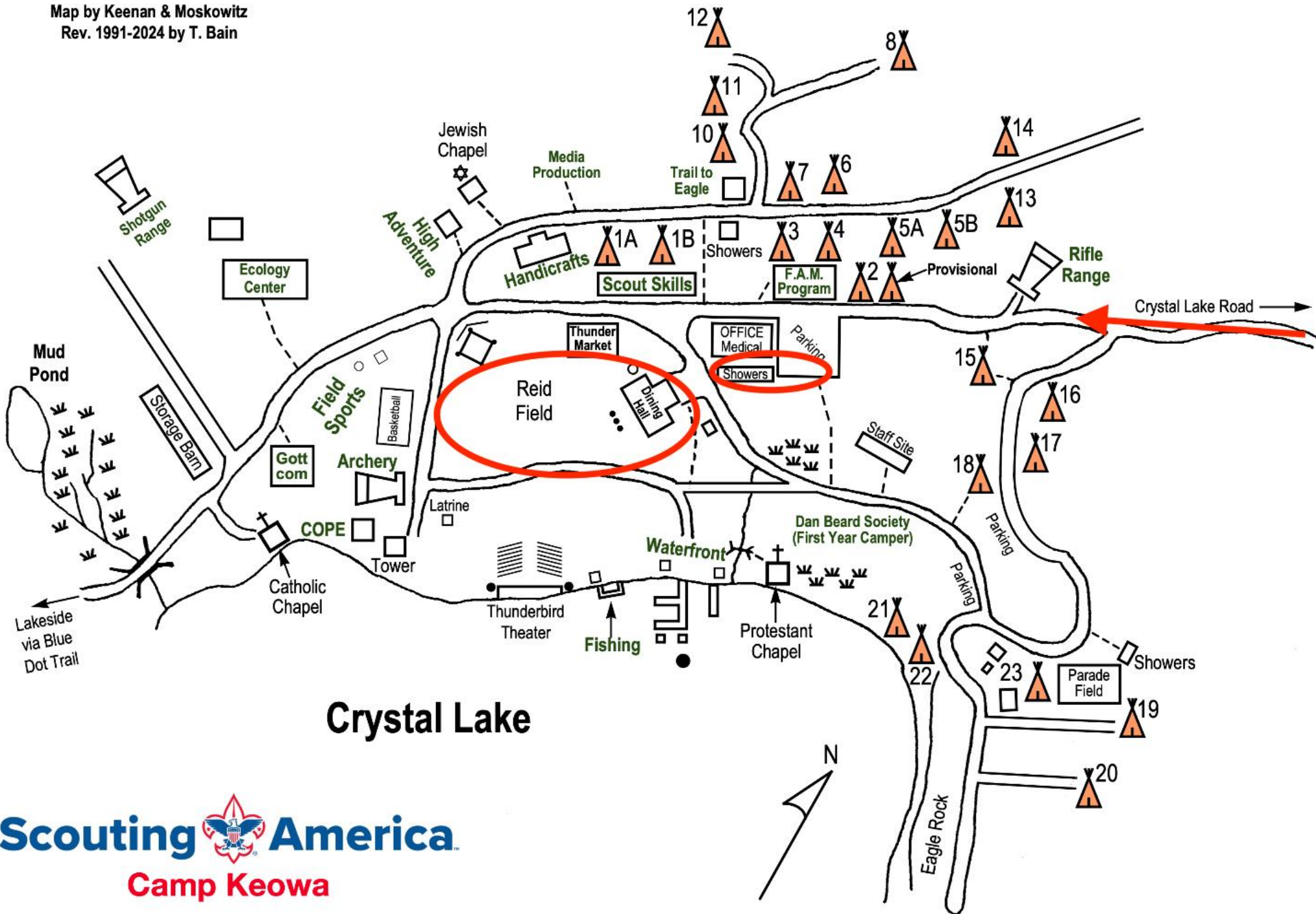


Camp Keowa at Ten Mile River Scout Camps

Camp Rules

- **No cars are permitted on Reid Field when camping. There is an access road for unloading gear.**
- **No fires permitted on the grass.**
- **Quiet Hours: 10 p.m.**

Map by Keenan & Moskowitz
Rev. 1991-2024 by T. Bain



Crystal Lake

Daily Plan – Day 3

Monday, June 22, 2026

Day Coordinators:

Kerry Engelhardt – Upper Delaware Council
Lydia Freethy – Delaware Highlands Conservancy
Jess Yoder – Pike County Planning and Mapping

Stretch to be Paddled:

Kittatinny Canoes' Staircase Rapids Access (RM 264) to Airport Park, Matamoras, PA (RM 253)

11 miles through class I & II Rapids

Evening Camping: Worthington State Forest Campsite, Old Mine Rd, Columbia NJ 07832



AMERICA'S 250TH
Our Nation's River

Campers: Break camp at Camp Keowa at Ten Mile River Scout Camps & drive to Airport Park – see directions on pg 2

Arriving Today? Travel to Airport Park

701 Avenue Q, Matamoras, PA 18336 – see link for directions on page 2

- 7:00 a.m. Break Camp at Camp Keowa. Campers drive themselves & gear to Airport Park (~45 min)
- 7:45 a.m. **Arriving today with a boat?** Drop off with NEWE livery first, then register and have breakfast
- 7:45 a.m. Breakfast and registration **for all Sojourners** at Airport Park. **Everyone must register each morning.** Cars will be parked here for the day.
- 8:30 a.m. Livery with boats and NCSP safeties depart for launch location
- 8:45 a.m. Sojourn Welcome
- 9:15 a.m. **Buses arrive and leave Airport Park ASAP** to head for launch
- 9:45 a.m. Safety Talk at launch with National Canoe Safety Patrol
- 10:15 a.m. Optional paddling instruction for new paddlers with National Canoe Safety Patrol.
- 10:30 a.m. Begin launch (RM 264) (~6 miles to lunch)
- 1:30 p.m. Lunch at Sparrowbush, NY Access (RM 258)
- 2:30 p.m. Begin launch after lunch (5 miles to takeout)
- 4:30 p.m. Take-out at Airport Park (RM 253)
- 5:00 p.m. Sojourners drive on their own to Worthington State Forest. **See directions & map on pages 4-5. Sojourners are responsible for their own dinner.**
- 6:30 p.m. Begin setting up camp at Worthington State Forest (**see notes on page 4**)
- 7:30 p.m. Music in camp: Open jam session with the Sojourn Strummers! BYO instrument + some available to try!
- 10:30 p.m. Quiet Hours in camp

EMERGENCY CONTACT NUMBERS:

National Park Service Dispatch: 1-570-426-2457

9-1-1

Please Note: If bringing your own boat, please make sure it has up-to-date registration and/or current launch permits.

Many Thanks to Today's Sojourn Partners:

Delaware River Sojourn Steering Committee; Upper Delaware Preservation Coalition; National Canoe Safety Patrol; Camp Keowa at Ten Mile River Scout Camps; Kittatinny Canoes; Borough of Matamoras; Delaware Highlands Conservancy; Northeast Wilderness Experience; NPS Upper Delaware Scenic & Recreational River; Upper Delaware Council; Pike County Planning and Mapping; NYS Dept. of Environmental Conservation; Konrad's Kitchen; We Transport; and the State of New Jersey, Dept. of Environmental Protection, Division of Parks and Forestry and Worthington State Forest; Sojourn Strummers

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Pennsylvania Organization of Watersheds and Rivers; ShopRite; NPS Lower Delaware Wild and Scenic River; Delaware River Basin Commission; Northampton County Parks, Recreation & Conservation; Explore Warren County; and PPL

CAMPERS--

Directions to Airport Park (701 Avenue Q, Matamoras, PA 18336) from Camp Keowa at Ten Mile River: (~45-minute drive)

- Take Keowa Road northeast.
- Turn left onto Crystal Lake Road (County Route 26). Drive approximately 1.9 miles.
- Turn right onto State Route 55 west. Drive south approximately 11.2 miles.
- Turn left onto State Route 97 south. Drive approximately 18.3 miles.
- Turn right onto US 6 West/US South 209 (Pike Street), 0.6 mi.
- Continue on US 6/209 (Pennsylvania Ave), 0.5 mi.
- Turn left onto 7th Street. Continue to T-intersection.
- Turn right onto Avenue S.
- Make the next left onto 9th Street Ex. Drive to end for parking.

ARRIVING TODAY?

Head to Airport Park (701 Avenue Q, Matamoras, PA 18336)

- [Click here for a link to make your own directions to Airport Park](#)

EMERGENCY CONTACT NUMBERS:
National Park Service Dispatch: 1-570-426-2457
9-1-1

BREAK CAMP AND TRAVEL ON YOUR OWN TO MATAMORAS AIRPORT PARK 

**STAIRCASE RAIDS
KITTATINNY CANOE -
SAFETY TALK
10:30 A.M. LAUNCH**



Day 3 ~ Monday, June 22, 2026

Staircase Rapids Kittatinny Canoe (RM 264)

To Matamoras Airport Park (RM 253)

11 Miles, Class I & II Rapids

1:00 P.M. LUNCH AT SPARROWBUSH



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**7:45 A.M. AT MATAMORAS AIRPORT PARK -
BREAKFAST & REGISTRATION
9:00 A.M. WELCOME
9:15 A.M. BUS TO POND EDDY**



**6:00 P.M. SET UP CAMP AT
WORTHINGTON STATE PARK**



**4:00 P.M. TAKE OUT AT
MATAMORAS AIRPLANE PARK &
ON YOUR OWN, DRIVE TO 40 MILES
WORTHINGTON
DINNER ON YOUR OWN**



PA NY
NJ

DRIVING DIRECTIONS FROM AIRPORT PARK TO WORTHINGTON STATE FOREST

**701 Avenue Q, Matamoras, PA to Worthington State Forest Campsite, Campground Rd., Columbia, NJ 07832
(~1 hr 15 minutes)**

- [Click here for a link to Google Maps for directions from Airport Park](#)
- [Click here for a link to get general directions to Worthington State Forest](#)

The Worthington Forest State Park Group camping area is located off of Old Mine Road in Warren County, NJ. Enter at second gate entrance, look for Delaware River Sojourn signs. GPS: 40 degrees 58'36.01" N & 75 degrees 8'4.68" W

Driving Directions

Start: Airport Park, Matamoras, PA

- Head toward Avenue Q
- Take 7th Street towards Rt. 209 (0.3 mi)
- Turn left onto US-209 S/US-6 W/Pennsylvania Ave
- Continue to follow US-209 S/US-6 W (6.2 mi)
- Turn left onto E Harford St (0.4 mi)
- Slight right onto US-206/US-209/Federal Rd (0.2 mi)
- Slight right onto US-206/US-209 S (24.2 mi)
- Slight left onto Hollow Rd/T461 (4.1 mi)
- Turn right onto River Rd (2.5 mi)
- At the traffic circle, take the 3rd exit onto Broad St (0.2 mi)
- Use the right lane to merge onto I-80 E via the ramp & take I-80 E, entering New Jersey (1.6 mi)
- Take the River Road exit
- Sharp right onto River Rd (1.1 mi)
- Continue onto Old Mine Rd (3.2 mi)
- Turn left onto Campground Rd
- Turn left to stay on Campground Rd

End: Worthington State Forest Campsite, Columbia, NJ

Notes about Worthington State Forest Campground
Park maps on pages 5-7

- There are full shower and bathroom facilities at [Worthington State Forest](#).
- Portable restrooms are also provided.
- Sojourners will follow all Worthington State Forest rules, including no alcohol permitted.
- Be bear aware! Do not leave food unattended in tents or open cars; properly dispose of all garbage.



Worthington State Forest Campground Map



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TRAILS OF WORTHINGTON STATE FOREST

Worthington State Forest is located near the southern end of the Delaware Water Gap National Recreation Area in Warren County, New Jersey.

It covers 6,660 acres and stretches for more than seven miles along the Kittatinny Ridge. This state forest offers 10 scenic trails with more than 22 miles for hiking, including 6.6 miles of the Appalachian Trail, which passes through the forest.

Appalachian Trail

White • 6.6 miles (in Worthington) • Hiking
Moderate • Historic Scenic Trail

Trailhead: Parking area off Route 80. **The Appalachian Trail (AT)** is a historic national scenic trail. There are 6.6 miles of the 2,180-mile trail within Worthington State Forest. Along this section, the trail follows Kittatinny Ridge with excellent views. The trail can be reached from Dunnfield Creek Natural Area as well as from Douglas Trail and Garvey Springs Trail. Be prepared for a steep and rocky climb to the ridge. There is a backpacker campsite located near the intersection with Douglas Trail.



Buckwood Trail

Teal • 1.3 miles • Hiking

Easy • Less traveled trail to Mount Tammany Fire Road

Trailhead: Appalachian Trail east of Sunfish Pond. **Buckwood Trail** (formerly Turquoise Trail) is an isolated trail that connects the Appalachian Trail with the Mount Tammany Fire Road. The trail descends from Kittatinny Ridge, crosses the upper reaches of the Dunnfield Creek drainage and connects to the fire road along the southern boundary of the forest.

Douglas Trail

Dark Blue • 1.7 miles • Hiking
Moderate • Connector to Appalachian Trail

Trailhead: Douglas parking lot on Old Mine Road.

Douglas Trail begins heading southwest and proceeds uphill to Kittatinny Ridge. Several switchbacks along the route help with this 1,200-foot climb. The beginning of the trail follows the drainage stream from Sunfish Pond. Laurel Falls, a rocky cascade, is only a short walk up the trail. At the first switchback, Douglas Trail intersects with Rockcores Trail, then continues its climb. Once on top of the ridge, Douglas Trail ends as it meets the Appalachian Trail at a backpacker campsite.



Dunnfield Creek Trail

Light green • 3.4 miles • Hiking
Moderate • Trail along scenic Dunnfield Creek

Trailhead: Pahaquarry Trail or AT. **Dunnfield Creek Trail** is a rocky and sometimes steep trail following Dunnfield Creek upstream from the Delaware River. The trail passes through a ravine lined with rhododendrons, mature hemlock and mixed hardwoods. Dunnfield Creek is a natural trout stream and boasts several small waterfalls. Leaving the ravine, the trail turns north and ascends a hillside to reach the AT and Sunfish Pond, a glacial lake surrounded by oak and chestnut forest.

Farview Trail

Yellow • 1.3 miles • Hiking
Moderate • Trail leads to Appalachian Trail

Trailhead: Parking area on Old Mine Road.

Farview Trail begins in gently sloping forest terrain. Heading south from the Delaware River, the trail turns east and joins a two-track path while continuing up a gradual hillside to meet with the Appalachian Trail and Holly Springs Trail.

Garvey Springs Trail

Orange • 1.2 miles • Hiking
Moderate • Trail to Appalachian Trail

Trailhead: Douglas parking lot on Old Mine Road. **Garvey Springs Trail** begins along Old Mine Road and travels southeast climbing forested hillsides. This is a steep and rocky trail that climbs 1,100 feet to Kittatinny Ridge and meets with the Appalachian Trail east of Sunfish Pond. A small trail leads around the pond for scenic views. For a scenic loop, head west on the AT then return to the trailhead via Douglas Trail.

Holly Springs Trail

Red • 0.5 miles • Hiking
Easy • Short connector trail

Trailhead: Appalachian Trail or Dunnfield Creek Trail. **Holly Springs Trail** is a short trail connecting the Appalachian Trail with Dunnfield Creek Trail. The forested two-track trail leads across a gradual hillside from the creek to the ridgeline.



Mount Tammany Trail

White & red • 1.5 miles • Hiking
Difficult • Steep trail to summit of Mount Tammany

Trailhead: Dunnfield Creek Natural Area.

Mount Tammany Trail begins along the Delaware River, heads southeast and climbs a steep hillside. After a tough and rocky climb of 1,200 feet, the trail reaches Mount Tammany. At an elevation of 1,527 feet, the summit offers great 360-degree views of the Delaware Water Gap and Kittatinny Ridge.

Pahaquarry Trail

Light blue • 1.4 miles • Hiking
Moderate • Alternate route to Mount Tammany

Trailhead: Appalachian Trail. **Pahaquarry Trail** (formerly Blue Dot Trail) provides an alternate route to Mount Tammany. Most hikers take Mount Tammany Trail up the mountain and come back down Pahaquarry Trail. Starting with the Appalachian Trail, Pahaquarry Trail continues along Dunnfield Creek until climbing a hillside and approaching Mount Tammany from the north side.



Rockcores Trail

Green • 2.9 miles • Hiking
Moderate • Interpretive Trail

Trailhead: Parking pull-off on Old Mine Road near forest office. **Rockcores Trail** begins and ends along the Delaware River. From its start near the forest office, the trail follows an old two-track forest road along a broad hillside. In the 1950s, this road allowed access for engineers to take rock samples to determine whether the soils and bedrock in the area could withstand the proposed Tocks Island Dam. The trail remains generally flat as it parallels the ridge line, crossing Douglas Trail and the scenic, rocky outlet stream from Sunfish Pond. Continuing east, the trail crosses Garvey Springs Trail and then descends a few switchbacks to return to Old Mine Road.

Explore Trail Tracker
The Interactive Trails
Map of NJ State Parks



spstrailtracker.nj.gov

TRAIL SENSE AND SAFETY

Trail Markings: Official trails are marked by colored blazes on posts and trees. For your safety and habitat protection, please stay on the trails and do not alter trail markings or create new trails.

Be Prepared: Consider bringing water, snacks, sunscreen, wear insect repellent and a hat. Dress for the weather. Tell someone where you plan to go and when you expect to return. Be aware of changing trail conditions.

Hunting: Sections are open to hunting. Bright orange clothing is recommended during hunting season.

Pets: Pets must always be on a leash no longer than six feet in length and under the control of the owner at all times. Please clean up after your pets.

Keep It Clean and Green: Bring a bag or two and carry your trash out with you. Trash cans are not provided. Don't forget to recycle!

Tick Protection: Wear insect repellent, wear light-colored clothing, tuck pants into socks, stay on trails, check yourself thoroughly, shower and launder clothes immediately.

Bear Aware: Black bears are found throughout New Jersey. Do not approach or attract bears by making food available. Feeding bears is dangerous and illegal. Never run from a bear! To report an aggressive bear, call 1-877-WARN-DEP (1-877-927-6337) immediately. Please report any damage or nuisance behavior to the forest office. Visit New Jersey DEP Fish & Wildlife at njfishandwildlife.com/bears for additional information on bear safety.

Hours: Visitors are welcome on the trails from dawn to dusk. Trail use is not permitted after sunset.

Forest Office Phone: 908-841-9575

Emergency Numbers:
1-877-WARN-DEP (1-877-927-6337)
or 911



WORTHINGTON STATE FOREST
HC 62 Box 2
Old Mine Road
Columbia, NJ 07832
908-841-9575



NJPARKSANDFORESTS.ORG



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@NEWJERSEYSTATEPARKS



TRAILS

Worthington State Forest



This brochure was funded by the Federal Highway Administration's Recreational Trails Program through the New Jersey Department of Environmental Protection.



State of New Jersey
Department of Environmental Protection
State Park Service

WORTHINGTON State Forest



Forest Office

Camping Area

Trail Blaze Symbols

Straight	Turn Left	Turn Right
Trail Start	Trail End	Trail Spur

NOT PERMITTED

ATVs, alcoholic beverages, drones, smoking and vaping* are NOT permitted in this park.

*Smoking and vaping permitted only inside your personal vehicle.

Open Field or Grass	Water	Appalachian Trail (6.6 mi)	Farview Trail (1.3 mi)	Pahaquarry Trail (1.4 mi)	AT Campsite	Fishing	Playground
Forest	Wetland	Buckwood Trail (1.3 mi)	Garvey Springs Trail (1.2 mi)	Rockcores Trail (2.9 mi)	Boat Launch	Group Campground	Restrooms
Developed Area		Douglas Trail (1.7 mi)	Holly Springs Trail (0.5 mi)	Mount Tammany Trail (1.5 mi)	Canoeing	Parking	Scenic View
		Dunnfield Creek Trail (3.4 mi)			Drinking Water	Picnic Area	Shower

Daily Plan ~ Day 4

Tuesday, June 23, 2026

Day Coordinators:

Karen Tiesling: Friends of the Delaware Water Gap National Recreation Area – DAILY POINT OF CONTACT
Charlie Fineran: Friends of the Delaware Water Gap National Recreation Area
Art Charlton: Explore Warren Tourism, Warren County
Allison Heinsohn: Penn State Extension, Master Watershed Steward Program
Sherry Acevedo: Northampton County Parks, Recreation & Conservation
Paige Strasko: Northampton County Conservation District



Stretch to be Paddled:

Smithfield Beach, Pa. (RM 218) to Delaware Beach, Knowlton Twp., N.J. (RM 205)
Lunch at Kittatinny Point, N.J. (RM 211.5)

AMERICA'S 250TH
Our Nation's River

13 miles, Class I/I+ rapids

Evening Camping: Worthington State Forest Campsite, Old Mine Rd, Columbia NJ 07832

Morning Meeting Location for Everyone:

**Worthington State Forest Campsite
Campground Rd., Columbia, NJ 07832
See directions on pages 2-3**

- 7:00 a.m. Breakfast and registration **for all Sojourners** in camp. **Note: Everyone must register each morning**
- 7:00 a.m. **Arriving today with a boat?** Drop off with NEWE livery, then register and have breakfast.
- 7:45 a.m. Livery with boats and NCSP safeties departs for Smithfield Beach
- 8:00 a.m. Sojourn Welcome
- 8:30 a.m. **Buses leave** for Smithfield Beach (arrive onsite at 8 a.m.)
- 9:00 a.m. Arrive at Smithfield Beach for welcome remarks from NPS DEWA Chance Babish and PA Director of Outdoor Recreation Nathan Reigner, safety talk & paddling 101
- 10:15 a.m. Begin launch for the morning paddle!
- 1:00 p.m. Arrive at Kittatinny Point in the Water Gap for lunch and program by Shelley DePaul, Lenape Nation of PA
- 2:30 p.m. Back on the river for the afternoon paddle!
- 4:15 p.m. Take-out for the day at Delaware Beach, Knowlton Township, N.J. and board the buses
- 4:45 p.m. Buses leave for Worthington State Forest Campsite.
- 6:30 p.m. Dinner in camp, followed by a mini-festival with local environmental, conservation & historical associations, including: Friends of DEWA; Lenape Nation of PA; Musconetcong Watershed Association & River Management Council; Morris Canal Committee - Warren

Emergency Contact:

911

2026 Delaware River Sojourn: June 20-26

Our Nation's River

Co.; Explore Warren County Tourism; Sussex County Bird Club; Board of Recreation for Warren County; Warren County Park Foundation; N.J. State Parks and Walpack Historical Society (tbd)

10:00 p.m. Quiet Hours in camp

Please Note: If bringing your own boat, please make sure it has up-to-date registration and/or current launch permits.

Evening Camping Info: There are full shower and bathroom facilities at [Worthington State Forest](#). Portable restrooms also provided. Sojourners will follow all Worthington State Forest rules, including no alcohol permitted. Be bear aware! Do not leave food unattended in tents or open cars; properly dispose of all garbage. See park maps on pages 4 and 6-7.

Many Thanks to Today's Sojourn Partners:

Delaware River Sojourn Steering Committee; Upper Delaware Preservation Coalition; Northeast Wilderness Experience; State of New Jersey, Dept. of Environmental Protection, Division of Parks and Forestry and Worthington State Forest; National Canoe Safety Patrol; Friends of the Delaware Water Gap National Recreation Area; NPS Delaware Water Gap National Recreation Area; Northampton County Parks, Recreation & Conservation; Warren County, New Jersey: Explore Warren Tourism; Knowlton Township, N.J.; We Transport; Humpty Jr.'s; Penn State Extension, Master Watershed Steward Program; Northampton County Conservation District; Lenape Nation of PA; and PA DCNR Office of Outdoor Recreation + all mini-fest participants!

****The Sojourn thanks Jessica Yoder for creating our 2026 logo design and Sandy Schultz for designing the 2026 itinerary maps and paddle!****

Special Thanks to 2026 Sojourn Grantors, Donors & Sponsors:

Pennsylvania Organization of Watersheds and Rivers (POWR); ShopRite; NPS Lower Delaware Wild and Scenic River; Delaware River Basin Commission; Northampton County Parks, Recreation & Conservation; Explore Warren County; and PPL

Arriving Today?

Worthington State Forest Campsite, Campground Rd., Columbia, NJ 07832

The Worthington Forest State Park Group camping area is located off of Old Mine Road in Warren County, NJ. Enter at second gate entrance, look for Delaware River Sojourn signs. GPS: 40 degrees 58'36.01" N & 75 degrees 8'4.68" W

Emergency Contact:
911

- [Click here for a link to get general directions to Worthington State Forest](#)

Directions to Worthington State Forest

From New Jersey & New York via Interstate 80 West:

- Take Route 80 west to the last exit in New Jersey (Millbrook/Flatbrookville) Exit 1
- At the bottom of ramp, turn right. Old Mine Road (aka River Road) is very narrow. There is a one-way section that uses a 3- minute traffic light, please pay attention to the oncoming vehicles.
- Turn sharp left after three miles for the Worthington State Forest Park Office.
- Travel past the office and turn right proceeding to camping area (see map on pg. 2).

From Delaware Water Gap and points west in PA via Interstate 80 East:

- Take Route 80 east to the first exit in New Jersey (Millbrook/Flatbrookville) Exit 1
- Take the exit and follow the road around and under I-80 (like a really long U-turn).
- Travel on I-80 West for about 30 seconds before exiting from the westbound lane.
- At the bottom of ramp, turn right onto Old Mine Road. Old Mine Road (aka River Road) is very narrow. There is a one-way section that uses a 3- minute traffic light, please pay attention to the oncoming vehicles.
- Turn sharp left after three miles for the Worthington State Forest Park Office.
- Travel past the office and turn right proceeding to camping area (see map on pg. 2).

From Easton, PA:

- Take PA-611 North to traffic light in Martins Creek.
- Turn right and continue on PA-611 North through Mt. Bethel toward the toll bridge and signs for Interstate 80.
- Cross the toll bridge and follow the signs for Interstate 80 West.
- Take Route 80 west to the last exit in New Jersey (Millbrook/Flatbrookville) Exit 1
- At the bottom of ramp, turn right onto Old Mine Road. Old Mine Road (aka River Road) is very narrow. There is a one-way section that uses a 3- minute traffic light, please pay attention to the oncoming vehicles.
- Turn sharp left after three miles for the Worthington State Forest Park Office.
- Travel past the office and turn right proceeding to camping area (see map on page 2).

Please Note: Old Mine Road Closed North of Worthington State Forest

Please note that the National Park Service has closed a section of Old Mine Rd. north of Worthington State Forest. To access the campground:

- Use Route 80 to get on Old Mine Rd.
- Head north for 3 miles. Campground is on the left.

Otherwise, the closure does not affect Worthington.

Emergency Contact:
911



Werthington State Forest Campground Map



Emergency Contact:
911

TRAVEL ON YOUR OWN
TO WORTHINGTON
STATE FOREST CAMPSITE,
OLD MINE ROAD,
BELVIDERE, NJ



SAFETY TALK AND
10:15 A.M. LAUNCH AT
SMITHFIELD BEACH

7:00 A.M.
BREAKFAST AND
REGISTRATION
IN CAMP

8:30 A.M. BUS TO
SMITHFIELD BEACH

6:30 P.M.
DINNER AND PROGRAM
IN CAMP

1:00 P.M.
LUNCH AT
DELAWARE
WATER GAP



AMERICA'S 250TH
Our Nation's River

**Day 4 ~ Tuesday,
June 23, 2026**

**Smithfield Beach (RM 218)
to Delaware Beach,
Knowlton, NJ (RM 205)**

13 MILES, CLASS I & I+ RAPIDS

4:15 P.M. - TAKE OUT
AND BUS
BACK TO CAMP

TRAILS OF WORTHINGTON STATE FOREST

Worthington State Forest is located near the southern end of the Delaware Water Gap National Recreation Area in Warren County, New Jersey.

It covers 6,660 acres and stretches for more than seven miles along the Kittatinny Ridge. This state forest offers 10 scenic trails with more than 22 miles for hiking, including 6.6 miles of the Appalachian Trail, which passes through the forest.

Appalachian Trail

White • 6.6 miles (in Worthington) • Hiking
Moderate • Historic Scenic Trail

Trailhead: Parking area off Route 80. **The Appalachian Trail (AT)** is a historic national scenic trail. There are 6.6 miles of the 2,180-mile trail within Worthington State Forest. Along this section, the trail follows Kittatinny Ridge with excellent views. The trail can be reached from Dunnfield Creek Natural Area as well as from Douglas Trail and Garvey Springs Trail. Be prepared for a steep and rocky climb to the ridge. There is a backpacker campsite located near the intersection with Douglas Trail.



Buckwood Trail

Teal • 1.3 miles • Hiking

Easy • Less traveled trail to Mount Tammany Fire Road

Trailhead: Appalachian Trail east of Sunfish Pond. **Buckwood Trail** (formerly Turquoise Trail) is an isolated trail that connects the Appalachian Trail with the Mount Tammany Fire Road. The trail descends from Kittatinny Ridge, crosses the upper reaches of the Dunnfield Creek drainage and connects to the fire road along the southern boundary of the forest.

Douglas Trail

Dark Blue • 1.7 miles • Hiking
Moderate • Connector to Appalachian Trail

Trailhead: Douglas parking lot on Old Mine Road.

Douglas Trail begins heading southwest and proceeds uphill to Kittatinny Ridge. Several switchbacks along the route help with this 1,200-foot climb. The beginning of the trail follows the drainage stream from Sunfish Pond. Laurel Falls, a rocky cascade, is only a short walk up the trail. At the first switchback, Douglas Trail intersects with Rockcores Trail, then continues its climb. Once on top of the ridge, Douglas Trail ends as it meets the Appalachian Trail at a backpacker campsite.



Dunnfield Creek Trail

Light green • 3.4 miles • Hiking

Moderate • Trail along scenic Dunnfield Creek

Trailhead: Pahaquarry Trail or AT. **Dunnfield Creek Trail** is a rocky and sometimes steep trail following Dunnfield Creek upstream from the Delaware River. The trail passes through a ravine lined with rhododendrons, mature hemlock and mixed hardwoods. Dunnfield Creek is a natural trout stream and boasts several small waterfalls. Leaving the ravine, the trail turns north and ascends a hillside to reach the AT and Sunfish Pond, a glacial lake surrounded by oak and chestnut forest.

Farview Trail

Yellow • 1.3 miles • Hiking
Moderate • Trail leads to Appalachian Trail

Trailhead: Parking area on Old Mine Road.

Farview Trail begins in gently sloping forest terrain. Heading south from the Delaware River, the trail turns east and joins a two-track path while continuing up a gradual hillside to meet with the Appalachian Trail and Holly Springs Trail.

Garvey Springs Trail

Orange • 1.2 miles • Hiking
Moderate • Trail to Appalachian Trail

Trailhead: Douglas parking lot on Old Mine Road. **Garvey Springs Trail** begins along Old Mine Road and travels southeast climbing forested hillsides. This is a steep and rocky trail that climbs 1,100 feet to Kittatinny Ridge and meets with the Appalachian Trail east of Sunfish Pond. A small trail leads around the pond for scenic views. For a scenic loop, head west on the AT then return to the trailhead via Douglas Trail.

Holly Springs Trail

Red • 0.5 miles • Hiking
Easy • Short connector trail

Trailhead: Appalachian Trail or Dunnfield Creek Trail. **Holly Springs Trail** is a short trail connecting the Appalachian Trail with Dunnfield Creek Trail. The forested two-track trail leads across a gradual hillside from the creek to the ridgeline.



Mount Tammany Trail

White & red • 1.5 miles • Hiking
Difficult • Steep trail to summit of Mount Tammany

Trailhead: Dunnfield Creek Natural Area.

Mount Tammany Trail begins along the Delaware River, heads southeast and climbs a steep hillside. After a tough and rocky climb of 1,200 feet, the trail reaches Mount Tammany. At an elevation of 1,527 feet, the summit offers great 360-degree views of the Delaware Water Gap and Kittatinny Ridge.

Pahaquarry Trail

Light blue • 1.4 miles • Hiking

Moderate • Alternate route to Mount Tammany

Trailhead: Appalachian Trail. **Pahaquarry Trail** (formerly Blue Dot Trail) provides an alternate route to Mount Tammany. Most hikers take Mount Tammany Trail up the mountain and come back down Pahaquarry Trail. Starting with the Appalachian Trail, Pahaquarry Trail continues along Dunnfield Creek until climbing a hillside and approaching Mount Tammany from the north side.



Rockcores Trail

Green • 2.9 miles • Hiking

Moderate • Interpretive Trail

Trailhead: Parking pull-off on Old Mine Road near forest office. **Rockcores Trail** begins and ends along the Delaware River. From its start near the forest office, the trail follows an old two-track forest road along a broad hillside. In the 1950s, this road allowed access for engineers to take rock samples to determine whether the soils and bedrock in the area could withstand the proposed Tocks Island Dam. The trail remains generally flat as it parallels the ridge line, crossing Douglas Trail and the scenic, rocky outlet stream from Sunfish Pond. Continuing east, the trail crosses Garvey Springs Trail and then descends a few switchbacks to return to Old Mine Road.

Explore Trail Tracker
The Interactive Trails
Map of NJ State Parks



spstrailtracker.nj.gov

TRAIL SENSE AND SAFETY

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Pets: Pets must always be on a leash no longer than six feet in length and under the control of the owner at all times. Please clean up after your pets.

Keep It Clean and Green: Bring a bag or two and carry your trash out with you. Trash cans are not provided. Don't forget to recycle!

Tick Protection: Wear insect repellent, wear light-colored clothing, tuck pants into socks, stay on trails, check yourself thoroughly, shower and launder clothes immediately.

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Hours: Visitors are welcome on the trails from dawn to dusk. Trail use is not permitted after sunset.

Forest Office Phone: 908-841-9575

Emergency Numbers:
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or 911



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@NEWJERSEYSTATEPARKS

TRAILS

Worthington State Forest



This brochure was funded by the Federal Highway Administration's Recreational Trails Program through the New Jersey Department of Environmental Protection.



State of New Jersey
Department of Environmental Protection
State Park Service

WORTHINGTON State Forest



Forest Office

Camping Area

Trail Blaze Symbols

NOT PERMITTED

ATVs, alcoholic beverages, drones, smoking and vaping* are NOT permitted in this park.

*Smoking and vaping permitted only inside your personal vehicle.

Open Field or Grass	Water	Appalachian Trail (6.6 mi)	Farview Trail (1.3 mi)	Pahaquarry Trail (1.4 mi)	AT Campsite	Fishing	Playground
Forest	Wetland	Buckwood Trail (1.3 mi)	Garvey Springs Trail (1.2 mi)	Rockcores Trail (2.9 mi)	Boat Launch	Group Campground	Restrooms
Developed Area		Douglas Trail (1.7 mi)	Holly Springs Trail (0.5 mi)	Mount Tammany Trail (1.5 mi)	Canoeing	Parking	Scenic View
		Dunnfield Creek Trail (3.4 mi)			Drinking Water	Picnic Area	Shower

Daily Plan ~ Day 5

Wednesday, June 24, 2026

Day Coordinators:

Karen Tiesling: Friends of the Delaware Water Gap National Recreation Area –
DAILY POINT OF CONTACT

Charles Fineran: Friends of the Delaware Water Gap National Recreation Area
Art Charlton: Explore Warren Tourism, Warren County

Allison Heinsohn: Penn State Extension, Master Watershed Steward Program

Sherry Acevedo: Northampton County Parks, Recreation & Conservation

Paige Strasko: Northampton County Conservation District



AMERICA'S 250TH
Our Nation's River

Stretch to be Paddled:

Delaware Beach, Knowlton Township, N.J. (~River Mile 205) to Lower Mount Bethel Township Visitors Center (LMBT VC), Riverton Park, PA (~River Mile 197) – approximately an 8-mile paddle straight through and lunch at LMBT VC

8 miles with Class I and I+ rapids

Evening Camping: Washington Crossing State Park, NJ; Phillips Farm Area, 1239 Bear Tavern Rd., Titusville, NJ

Campers: Break camp at Worthington State Forest & drive to Lower Mount Bethel Township Visitor Center (LMBT VC), Riverton Park, PA – see directions on pages 3-4

Arriving Today? Travel to Lower Mount Bethel Township Visitor Center (LMBT VC), Riverton Park, PA 7701 Martins Creek Belvidere Hwy, Bangor, PA 18013 – see general directions link on page 4

Note: in GOOGLE maps, the address is listed as the Jerry Brunetti Environmental Education & Welcome Center

- 7:30 a.m. **BREAK CAMP.** Campers leave Worthington State Forest and head to LMBT VC.
- 8:00 a.m. Breakfast and registration **for all Sojourners at LMBT VC. Note: Everyone must register each morning. Cars will be parked here for the day (see parking info on page 5).**
- 8:15 a.m. **Arriving today with a boat?** Drop off with NEWE livery by this time.
- 8:45 a.m. **Welcome to Northampton County Parks Day!** Introductions + day plan review
- 9:00 a.m. Livery with boats and NCSP safeties depart for launch location
- 9:30 a.m. **Buses leave** and travel to Delaware Beach, Knowlton Township, NJ river access
- 10:00 a.m. Safety Talk with the National Canoe Safety Patrol
- 10:30 a.m. Optional paddling instruction for new paddlers with National Canoe Safety Patrol.
- 10:45 a.m. Begin launch for today's paddle
- 2:00 p.m. Takeout at Riverton Park Ballfields, Riverton, PA. Head up to the Visitor Center for lunch and programs.
- 2:30 p.m. Lunch + program – Northampton County Parks, Lehigh Valley Greenways and 9/11 National Memorial

Emergency Contact:

911

After Hrs – Trenton Dispatch 1-877-927-6337

2026 Delaware River Sojourn: June 20-26

Our Nation's River

Trail; Tabling by Northampton County Parks, Northampton County Conservation District + 9/11 National Memorial Trail

- 3:30 p.m. Campers drive to Washington Crossing State Park, NJ, see directions on pages 6-7 and camping notes, plus map on page 8. Please arrive by 5:00 p.m. to check in and set up camp.
- 6:30 p.m. Dinner in camp at Washington Crossing State Park, N.J., provided by the Delaware River Basin Commission (DRBC). Program: Learn from DRBC, PA Fish and Boat Commission & partners about water quality monitoring, fisheries and water resilience planning.
- 10:00 p.m. Quiet Hours in camp

Please Note: If bringing your own boat, please make sure it has up-to-date registration and/or current launch permits.

Many Thanks to Today's Sojourn Partners:

Delaware River Sojourn Steering Committee; Upper Delaware Preservation Coalition; Northeast Wilderness Experience; State of New Jersey, Dept. of Environmental Protection, Division of Parks and Forestry and Worthington State Forest, Washington Crossing State Park and Delaware & Raritan Canal State Park; National Canoe Safety Patrol; Friends of the Delaware Water Gap National Recreation Area; NPS Delaware Water Gap National Recreation Area; Northampton County Parks, Recreation & Conservation; Warren County, New Jersey: Explore Warren County Tourism Partnership; Knowlton Township, N.J.; We Transport; Humpty Jr.'s; Penn State Extension, Master Watershed Steward Program; Northampton County Conservation District; Lower Mount Bethel Township; Lehigh Valley Greenways; 9/11 National Memorial Trail; Watershed Coalition of the Lehigh Valley; Delaware River Basin Commission; PA Fish and Boat Commission; Washington Crossing Park Association; and Delaware River Greenway Partnership

****The Sojourn thanks Jessica Yoder for creating our 2026 logo design and Sandy Schultz for designing the 2026 itinerary maps and paddle!****

Special Thanks to 2026 Sojourn Grantors, Donors & Sponsors:

Pennsylvania Organization of Watersheds and Rivers; ShopRite; NPS Lower Delaware Wild and Scenic River; Delaware River Basin Commission; Northampton County Parks, Recreation & Conservation; Explore Warren County; and PPL

Evening Camping Info (park map on pgs 10-11)

- Sojourn will be camping in Washington Crossing State Park off of Bear Tavern Road in the Phillips Farm Area
- Campground offers portable toilets and hand-washing stations; carry in, carry out
- Be bear aware! Do not leave food unattended in tents or open cars; properly dispose of all garbage.
- Sojourn CANNOT drive into the camping area (wooded area to L of lat/long pin in pic on pg. 8); park in the parking lot and along driveway & carry in
- Sojourn participants can camp in cars, but CANNOT set-up camping tents near cars in the adjacent fields
- No dumping from trailers, no electric or water hook up
- Fire rings – each group campsite has one fire ring (4 total); neighbors adjacent to the park sell firewood
- No alcohol permitted; quiet hours after 10:00 p.m.

Emergency Contact:

911

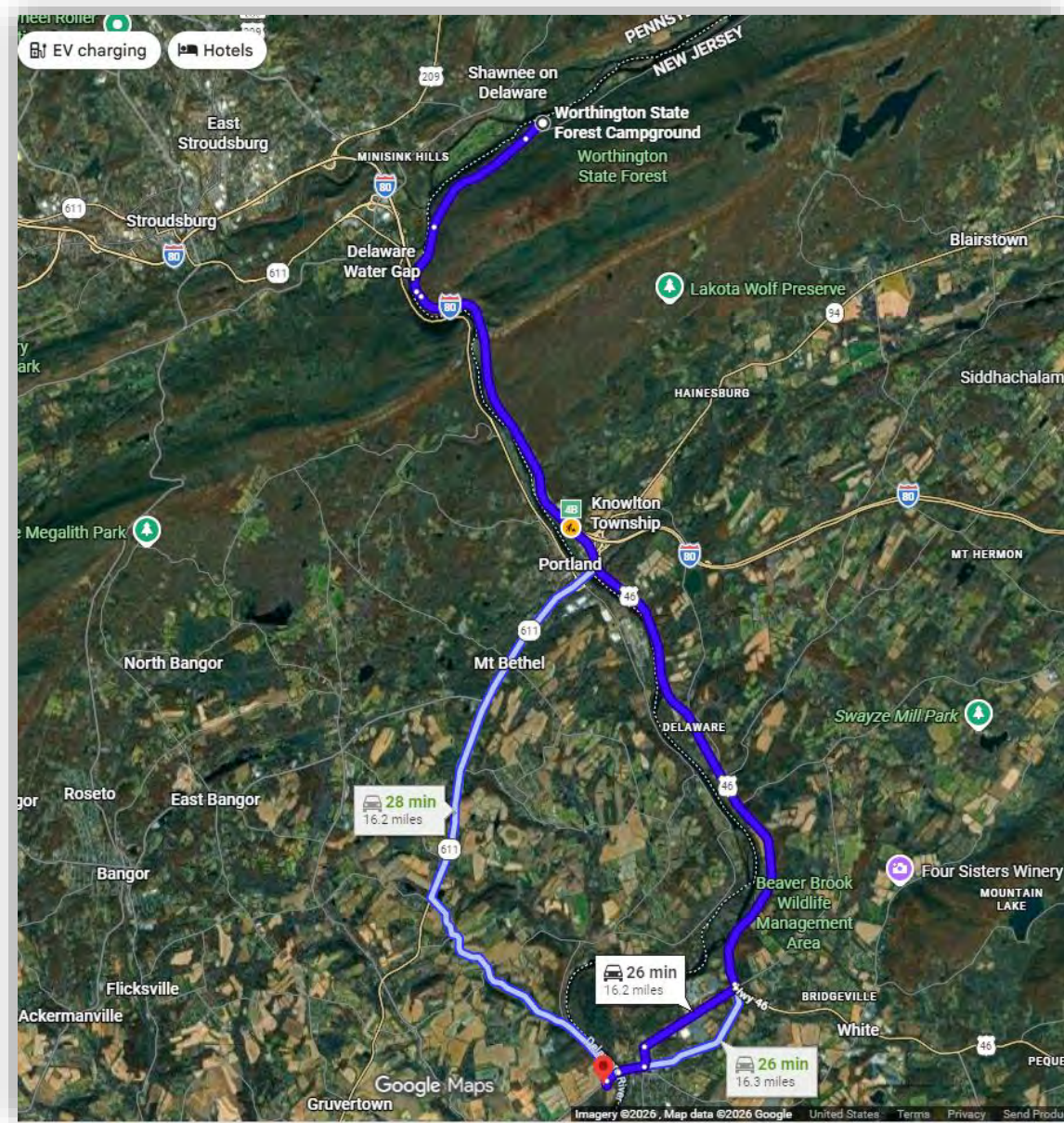
After Hrs – Trenton Dispatch 1-877-927-6337

***PLEASE NOTE: FOR LARGE/HEAVY VEHICLES -THERE ARE MULTIPLE BRIDGE RESTRICTIONS IN THIS AREA.**

EXAMPLE: the Riverton-Belvidere Bridge has restrictions - it is 16 foot 4 inches wide (narrow), an 8-ton weight limit, and 11 feet 6 inches height clearance. **Anyone with large/heavy vehicles should follow an alternate route FROM WHAT IS SHOWN BELOW. **The Portland/Columbia Toll Bridge is a good alternative.****

Campers: Morning Driving Directions

**from Worthington State Forest, NJ to Lower Mount Bethel Township Visitor Center, PA
Old Mine Rd., Columbia, NJ 07832 to 7701 Martins Creek Belvidere Hwy, Bangor, PA 18013
(16 miles, 26 minutes)**



Emergency Contact:

911

After Hrs – Trenton Dispatch 1-877-927-6337

Driving Directions from Worthington State Forest

Google Map: <https://maps.app.goo.gl/6eL7V2TVecshH4BH8>

Get on I-80 E from Old Mine Rd and River Rd 8 min (3.0 mi)

- Head toward Campground Rd (177 ft)
- Turn left onto Campground Rd (0.3 mi)
- Merge onto Old Mine Rd (1.7 mi)
- Continue onto River Rd (0.9 mi)
- Take the ramp on the left onto I-80 E (0.1 mi)
- Merge onto I-80 E (3.9 mi)
- Take exit 4B to merge onto US-46 E toward Portland/Buttzville (6.9 mi)
- Slight right onto Massenatts Rd (266 ft)
- Turn right onto Manunka Chunk Rd (1.4 mi)
- Turn left onto Market St (0.3 mi)
- Turn right onto Water St (0.3 mi)
- Continue onto Martins Creek Belvidere Hwy, entering Pennsylvania (0.2 mi)
- Destination on left

**Jerry Brunetti Environmental and Welcome Center (aka LMBT Visitor Center)
7701 Martins Creek Belvidere Hwy, Bangor, PA 18013**

Joining Today? General Directions to

**Jerry Brunetti Environmental and Welcome Center (aka LMBT Visitor Center)
7701 Martins Creek Belvidere Hwy, Bangor, PA 18013**

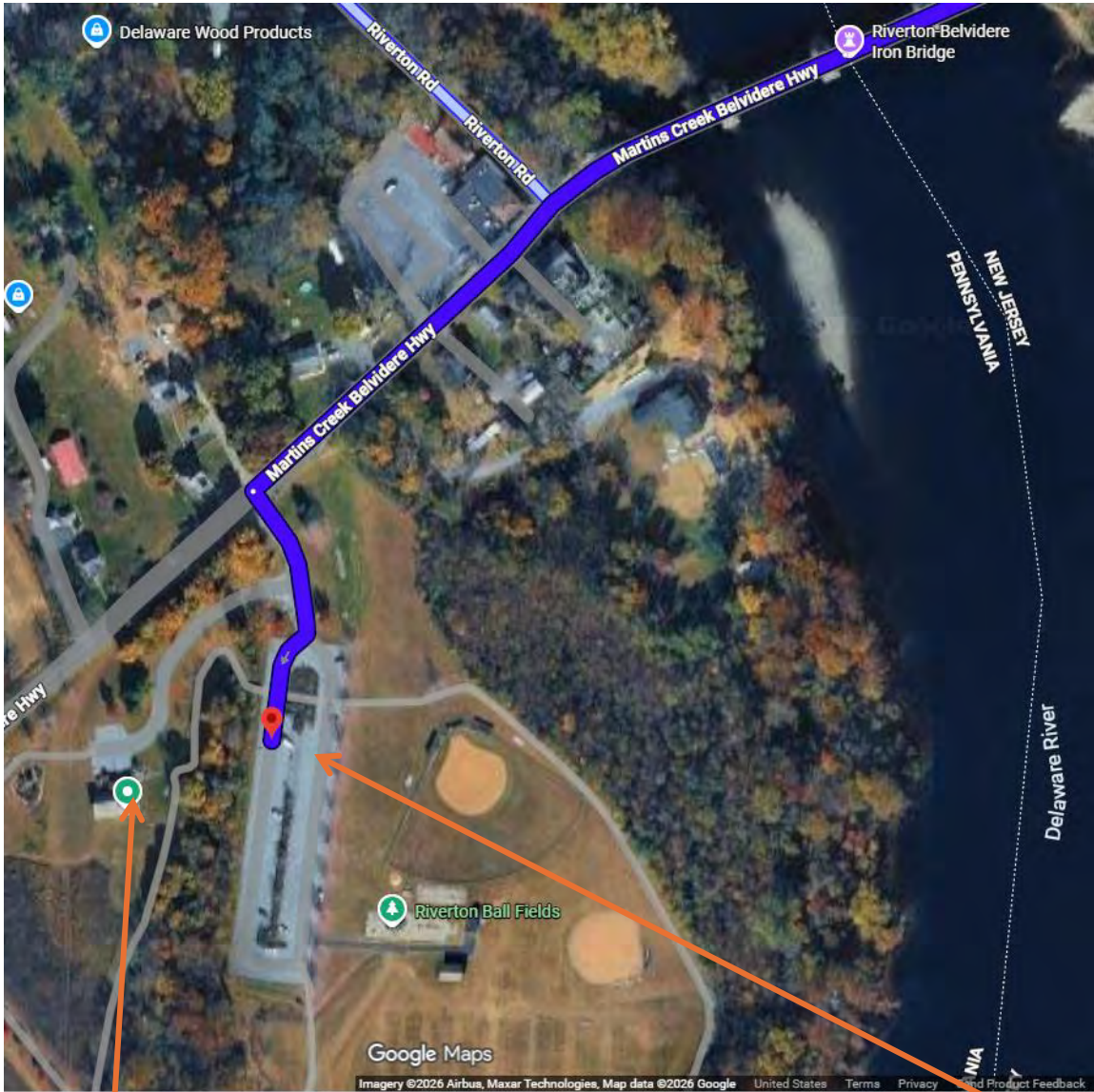
- [Click here for a link to create your own directions to LMBT Visitor Center](#)

Emergency Contact:
911

After Hrs – Trenton Dispatch 1-877-927-6337

All Sojourners: Parking & Registration

Lower Mount Bethel Township Visitors Center, 7701 Martins Creek Belvidere Hwy, Bangor, PA 18013



Walk up to LMBT Visitor Center at the top of the hill for breakfast and registration. Park here in the main parking lot

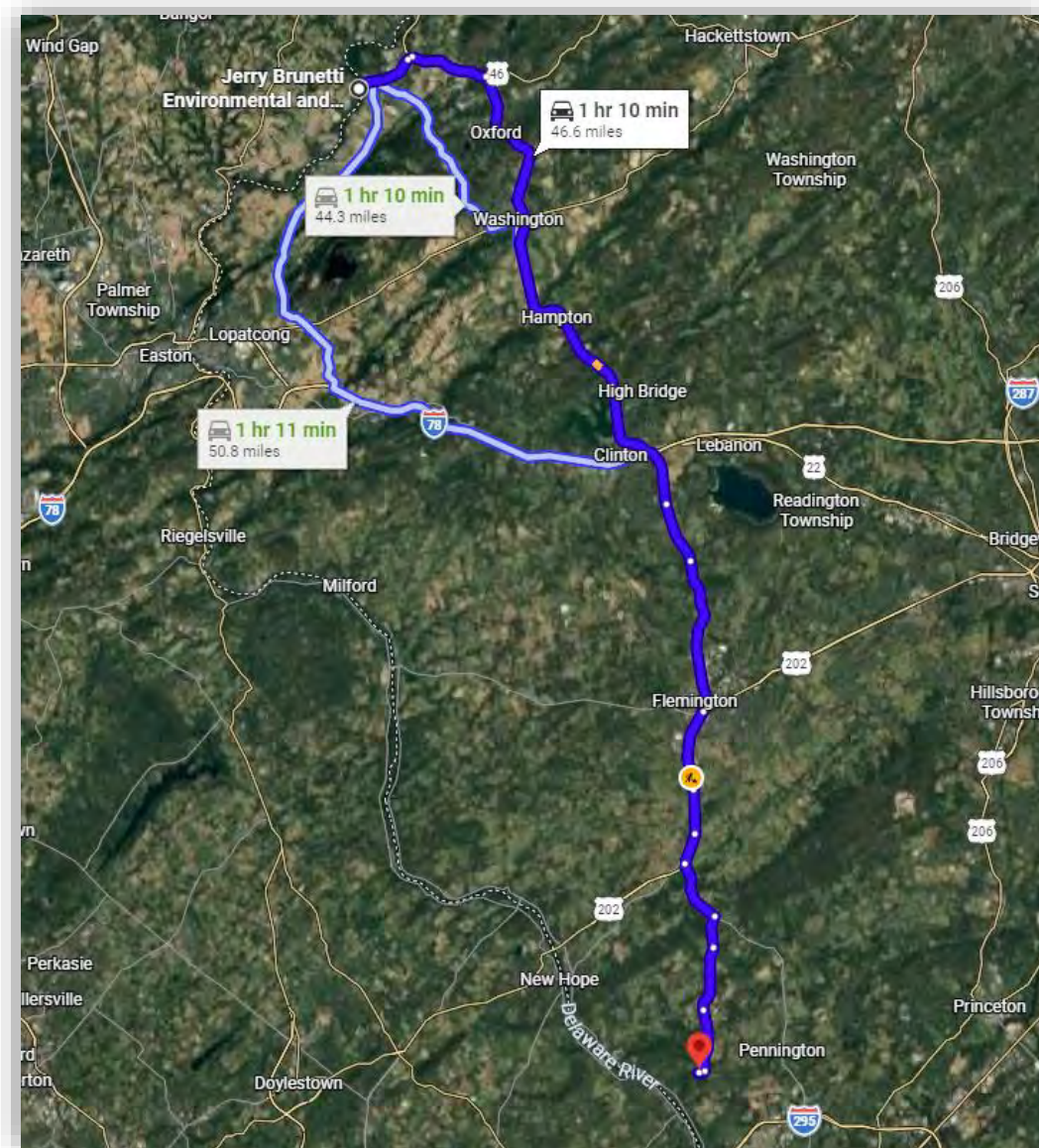
Emergency Contact:
911

After Hrs – Trenton Dispatch 1-877-927-6337

2026 Delaware River Sojourn: June 20-26
Our Nation's River

For Sojourners Continuing: Driving Directions
from Lower Mount Bethel Township Visitors Center to Washington Crossing State Park
1239 Bear Tavern Rd., Titusville, NJ – Phillips Farm
~46 miles, 1 hr 10 minutes

- o Click to make your own directions to Camp: <https://maps.app.goo.gl/R6ti1ZeNewHogndN8>
- o Driving Directions include two options: (1) via NJ 31S or (2) via I-78. View at <https://maps.app.goo.gl/iBeBYvgTWPWyFGqW7>
- o Camping Parking lot GPS: 40.31541, -74.85652 and Camp Map on page 8.






Emergency Contact:
911

After Hrs – Trenton Dispatch 1-877-927-6337

***NOTE:** Please be aware of Bridge limits and restrictions, with a camper and/or trailer. Research this information beforehand. This information is generally provided as a guide.

 This route has restricted usage or private roads.
 Jerry Brunetti Environmental and Welcome Center
 7701 Martins Creek Belvidere Hwy, Bangor, PA 18013

- ↑ 1. Head toward Martins Creek Belvidere Hwy
 _____ 1 min (0.2 mi)
- Drive from NJ-31 S and US-202 S to Hopewell Township**
 _____ 1 hr 7 min (46.1 mi)
- ↪ 2. Turn right onto Martins Creek Belvidere Hwy
 Entering New Jersey
 _____ 0.2 mi
- ↑ 3. Continue onto Water St
 Pass by NAPA Auto Parts - North East Parts Group (on the left in 0.7 mi)
 _____ 1.9 mi
- ↑ 4. Continue onto County Rd 620
 _____ 0.2 mi
- ↪ 5. Turn right onto US-46 E
 _____ 2.9 mi
- ↪ 6. Turn right onto NJ-31 S
 Pass by Fulton Bank (on the right in 2.1 mi)
 _____ 19.0 mi
- ↑ 7. Continue straight to stay on NJ-31 S
 _____ 2.3 mi
- ↶ 8. Keep left to stay on NJ-31 S
 _____ 5.6 mi
- ↻ 9. At the traffic circle, take the 2nd exit onto US-202 S
 _____ 2.5 mi
- ↶ 10. Keep left to stay on US-202 S
 _____ 0.5 mi
- ↶ 11. Keep left to stay on US-202 S
 _____ 1.6 mi
- ↶ 12. Use the middle lane to stay on US-202 S

- ↪ 13. Take the NJ-31 S exit toward Trenton
 _____ 1.2 mi
- ↑ 14. Continue onto NJ-31 S
 _____ 0.2 mi
- ↪ 15. Turn right onto Linvale Harbourton Rd
 _____ 2.3 mi
- ↑ 16. Continue onto Harbourton Rocktown Rd
 _____ 1.1 mi
- ↑ 17. Continue onto Trenton Harbourton Rd
 _____ 2.4 mi
- _____ 2.2 mi

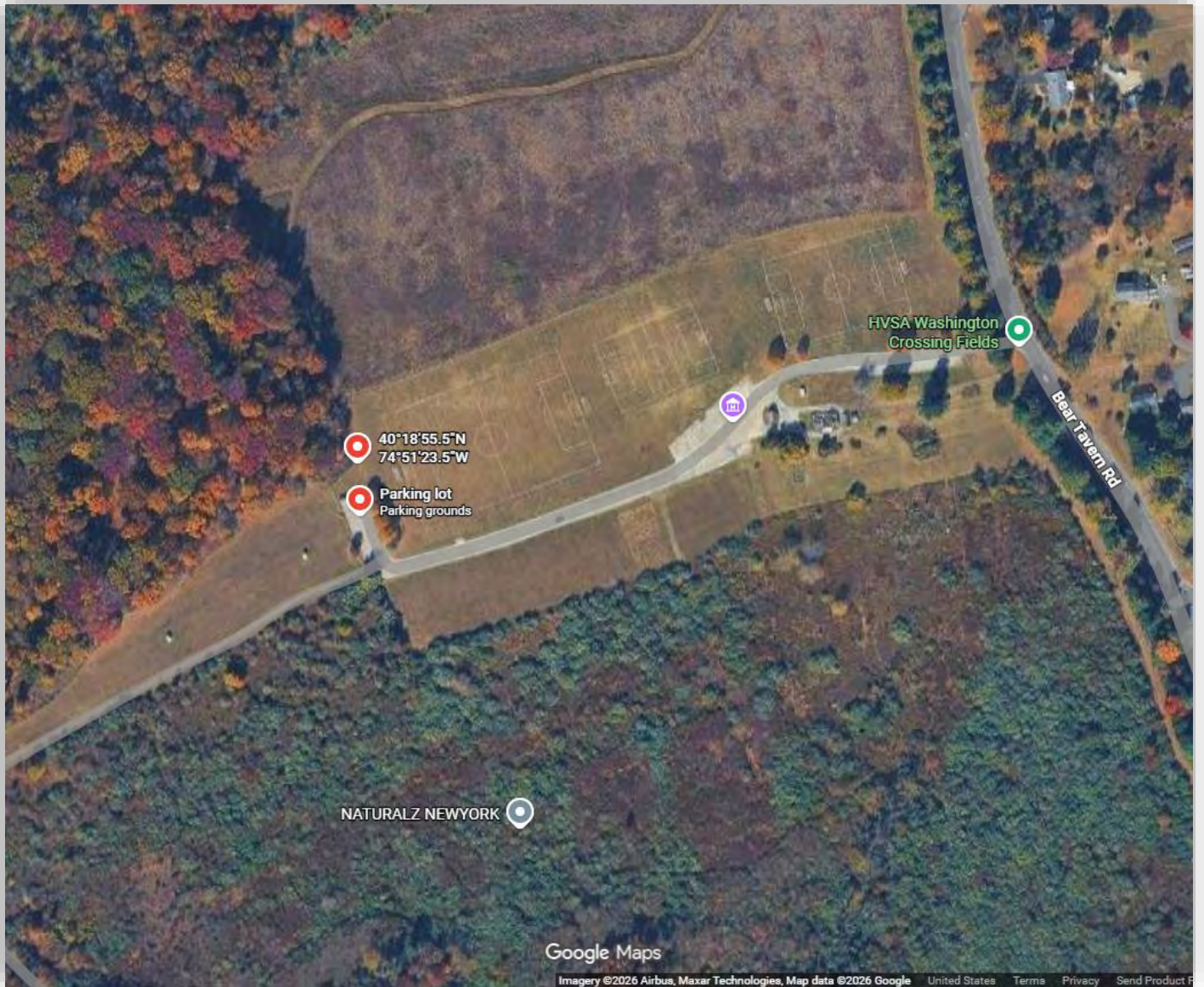
- Drive to your destination**
 _____ 1 min (0.3 mi)
- ↪ 18. Turn right
 Restricted usage road
 _____ 0.2 mi
 - ↪ 19. Turn right
 Restricted usage road
 _____ 125 ft

Parking lot
 Hopewell Township, NJ 08560

Emergency Contact:
 911
 After Hrs – Trenton Dispatch 1-877-927-6337

2026 Delaware River Sojourn: June 20-26
Our Nation's River

Evening Camping Location: Washington Crossing State Park, NJ – CAMP SITE AREA
Phillips Farm Parking Lot, 1239 Bear Tavern Rd., Titusville, NJ 08560
40°18'55.5"N 74°51'23.5"W
Look for Sojourn signs



Emergency Contact:
911
After Hrs – Trenton Dispatch 1-877-927-6337

EVERYONE BREAK CAMP AND DRIVE TO LOWER MOUNT BETHEL TOWNSHIP VISITOR CENTER ... ON YOUR OWN



**Day 5 ~ Wednesday,
June 24, 2026**

**Delaware Beach,
Knowlton Township, NJ (RM 205)
to Lower Mount Bethel
Township Visitor Center (RM 197)
8 MILES CLASS I & I+ RAPIDS**



AMERICA'S 250TH
Our Nation's River



**6:00 P.M. DINNER AND PROGRAM IN CAMP
AT WASHINGTON CROSSING STATE PARK, NJ**

**10:00 A.M. DELAWARE BEACH
KNOWLTON TWP., NJ
SAFETY TALK
10:45 A.M. LAUNCH**



**8:00 A.M. BREAKFAST
& REGISTRATION,
AT LOWER MOUNT BETHEL
TOWNSHIP VISITOR CENTER
9:45 A.M. BUS TO PUT IN**

**2:00 P.M. LUNCH &
PROGRAM AT VISITOR CENTER
3:30 P.M. DRIVE TO
WASHINGTON CROSSING, NJ**



TRAILS OF WASHINGTON CROSSING STATE PARK

There are 14 trails that allow the visitor to explore the park and its distinct areas. The terrain within the park is mostly flat to gently rolling forest and mixed meadow with short sections of elevation along the creeks.

Bike Trail

*Brown • 2 miles • Multiuse
Easy • Single-track bike trail*

Trailhead: Parking area at Phillips Farm. **Bike Trail** is a series of loops around the eastern portion of the park near Phillips Farm. The trail is mostly flat as it follows single-track through woodlands and meadow. Starting clockwise, head south from Phillips Farm along Route 579 until the trail turns west, then north to parallel Brickyard Road. After passing the group camping area, the trail begins to turn northeast and winds through the forest until returning to a large meadow and the Phillips Farm parking area. Please stay on the marked trails east of Brickyard Road and do not follow wildlife paths or create your own routes or trails.

Blue Dot Trail

*Blue circle on white • 2.7 miles • Hiking
Easy • Longest trail in park*

Trailhead: Northwest corner of Knox Grove Day Use Area. **Blue Dot Trail**, the longest trail in the park, travels through the forest north of Steele Run. Along the way, it crosses the open air theater parking lot, intersects Yellow Dot Trail and weaves across Red Dot Trail at three locations. Toward the center of the park, Blue Dot Trail turns to the northwest, crosses a stream, climbs sharply, and travels through dense eastern redcedar until intersecting with Horseback Riding Trail. Turning west, Blue Dot Trail shares the path with Horseback Riding Trail before continuing north and west, ending near Titusville Methodist Church cemetery on Church Road.

Blue Trail

*Blue • 0.25 miles • Hiking
Easy • Short creek-side trail*

Trailhead: Red Trail. **Blue Trail** crosses to the north side of the north branch of Steele Run, then runs along the water's edge. Blue Trail continues downstream, crosses back to the south side of the creek and returns to Red Trail.

Rachel Horne Trail

*Orange • 0.4 miles • Hiking
Easy • Short interpretive loop trail*

Trailhead: Nature center. **Rachel Horne Trail** starts on a two-track road west of the nature center. From the nature center driveway, the trail follows a series of numbered interpretive markers. After 1,000 feet, the trail turns north, merges with Red Trail and returns to the nature center. A companion brochure for this self-guided interpretive trail is available upon request at the nature center.

White Trail

*White • 0.2 miles • Hiking
Easy • Short creek-side trail*

Trailhead: Red Trail. **White Trail** departs Red Trail and immediately crosses a small wooden bridge to the north side of Steele Run's north branch. The trail then turns left and follows the creek downstream until joining with Green Trail and crossing the creek again to rejoin with Red Trail. White Trail provides access to the park's wildlife blind, which is located along the short spur trail to the north.

Yellow Dot Trail

*Yellow circle on white • 1 mile • Hiking
Easy • Trail along Steele Run*

Trailhead: Continental Lane Trail. **Yellow Dot Trail** crosses Greene Drive and travels through mixed hardwood forest along Steele Run. After passing the open air theater, Yellow Dot Trail crosses Green Dot Trail and the stream. Winding its way through thick creek-side vegetation, the trail climbs a short rise out of the creek. Once on flat terrain, Red Dot Trail joins from the north and shares the path for 1,000 feet. Yellow Dot Trail turns north and joins with Blue Dot Trail for a short distance before turning west again, crossing open forest and creek, then ending at Route 29 by the Titusville Firehouse.

Continental Lane Trail

*Brown & white • 1.4 miles • Hiking
Easy • Historic route through middle of park*

Trailhead: Park office on the east side or Johnson Ferry House on west side. **Continental Lane Trail** travels east to west through the middle of the park connecting the park office with the Johnson Ferry House and overlook. The western section of the trail (proceeding east from the ferry house) appears to follow a farm access road dating to the 18th or 19th century. Continental Lane Trail is 2 to 2 feet-wide on gently rolling natural surfaces.

D&R Canal Trail

*Blue • 1.1 miles • Multiuse
Easy • Flat towpath along canal*

Trailhead: Washington Grove Day Use Area, behind Nelson House. The entire **D&R Canal Trail** provides more than 70 continuous miles of wide, flat pathway. The main canal winds northward from Bordentown through Trenton into Lawrence Township and continues through central New Jersey ending in New Brunswick. The 1.1 mile section located here follows the canal's former towpath and the old Belvidere and Delaware Railroad from the 19th and early 20th centuries. The trail's surface is cinder and crushed stone.

Ewing Trail

*"E" on brown and white • 0.2 miles • Hiking
Easy • Follows forested slope of Steel Run*

Trailhead: Green or Blue Trail. **Ewing Trail** climbs the northeast slope of Steel Run's north branch to a relatively flat upland area. It then skirts the edge of a dense eastern redcedar forest before descending the same slope to reconnect with either Blue or Green Trails on the stream's floodplain.

Green Dot Trail

*Green circle on white • 1 mile • Hiking
Easy • Follows forested slope of Steele Run*

Trailhead: Open air theater. **Green Dot Trail** travels across the southwest section of the park and connects to the pedestrian overpass. The trail begins as a grassy road and changes to single-track as it descends and crosses over Steele Run on a wooden bridge. The trail climbs a series of steps up the south side of the creek ravine and on through Greene Grove Day Use Area. The trail continues west through mature mixed hardwood forest. Leaving the stream ravine, it turns south then west again through the former state tree nursery plantation. The trail joins with Red Dot Trail for a short distance, continues to the park boundary, then turns south across Greene Drive, Sullivan Drive and Continental Lane Trail to the scenic overlook and pedestrian overpass.

Green Trail

*Green • 0.2 miles • Hiking
Easy • Short creek-side trail*

Trailhead: Red Trail. **Green Trail** crosses Steele Run's north branch on a wooden bridge and heads downstream. Green Trail continues along the creek edge until joining with Blue Trail, crosses back over the creek again on two wooden bridges and rejoins Red Trail.

Horseback Riding Trail

*Brown • 2.2 miles • Multiuse
Easy • Flat and wide forested trail*

Trailhead: Parking area at Phillips Farm. **Horseback Riding Trail** is an out-and-back lollipop loop through the forest and meadows in the northern portion of the park. After traversing mature woodlots of mixed oak and American beech, the trail emerges onto Brickyard Road near the nature center driveway. It turns right, goes around a gate, then heads north on gravel-covered Brickyard Road. Following the road across a stone culvert and Steele Run ravine, Horseback Riding Trail turns left before reaching a second gate and Church Pond. The grassy two-track continues for 1,000 feet until the trail splits left (clockwise) or right (counterclockwise) to begin its loop. Horseback Riding Trail joins with Blue Dot Trail for a short distance before returning to complete the loop.

Red Dot Trail

*Red circle on white • 1.6 miles • Hiking
Easy • Connects nature center and visitor center*

Trailhead: Continental Lane Trail immediately north of visitor center. **Red Dot Trail** heads west with Continental Lane Trail before turning north and descending the gentle slope to Steele Run. The trail crosses Steele Run on a wooden footbridge and meets with Yellow Dot Trail. Red Dot Trail turns east and follows the creek before turning north again and climbing out of the creek basin. Continuing north, Red Dot Trail crosses Blue Dot Trail in a thick stand of cedar trees. At the corner of a housing development, Red Dot Trail turns east, continues through upland forest then ends at the road leading to the nature center driveway.

Red Trail

*Red • 0.75 miles • Hiking
Easy • Loop trail near nature center*

Trailhead: Nature center. **Red Trail** is a loop trail around the woods north and west of the nature center. Shortly after leaving the nature center, the trail travels along the edge of the creek bottom and provides access to White, Green and Blue Trails.

TRAIL SENSE AND SAFETY

Trail Markings: Official trails are marked with colored blazes on plastic posts. For your safety and habitat protection, please stay on the trails and do not alter trail markings or create new trails.

Preparations: Consider bringing water, snacks, sunscreen, insect repellent and a hat. Dress for the weather. Tell someone where you plan to go and when you expect to return.

Pets: Pets must always be on a leash no longer than 6 feet in length and under the control of the owner at all times. Please clean up after your pets.

Keep It Clean and Green: Bring a bag or two and carry your trash out with you. Trash cans are not provided. Don't forget to recycle!

Tick Protection: Bring insect repellent, wear light-colored clothing, tuck pants into socks, stay on trails, check yourself thoroughly, shower and launder clothes immediately.

Riders: Follow the IMBA "Rules of the Trail" guidelines for trail etiquette and yield appropriately. Helmets are required by law for children under 17.

Bear Aware: Black bears are found throughout New Jersey. Do not approach or attract bears by making food available. Feeding bears is dangerous and illegal. Never run from a bear! To report an aggressive bear, call 1-877-WARN-DEP (1-877-927-6337) immediately. Please report any damage or nuisance behavior to the visitor center museum. Visit the New Jersey DEP Fish and Wildlife at njfishandwildlife.com for additional information on bear safety.

Visitor Center Museum: 609-737-0623

Nature Center: 609-737-0609

Emergency Numbers:
1-877-WARN-DEP (1-877-927-6337) or 911

WASHINGTON CROSSING STATE PARK
355 Washington Crossing-Pennington Road
Titusville, NJ 08560
609-737-0617



NJPARKSANDFORESTS.ORG
FACEBOOK.COM/NEWJERSEYSTATEPARKS
@NEWJERSEYSTATEPARKS

TRAILS

Washington Crossing State Park



Explore Trail Tracker
The Interactive Trails
Map of NJ State Parks



spstrailtracker.nj.gov

This brochure was funded by the Federal Highway Administration's Recreational Trails Program through the New Jersey Department of Environmental Protection.

State of New Jersey
Department of Environmental Protection
State Park Service

WASHINGTON CROSSING State Park

- Nature Center**
- Knox Grove Day Use Area**
- Visitor Center Museum**
- Greene Grove Day Use Area**
- Sullivan Grove Day Use Area**
- Washington Grove Day Use Area**
- Park Office**
- NOT PERMITTED**
 ATVs, alcoholic beverages, smoking and vaping*, metal detecting and swimming are NOT permitted in this park.

*Smoking and vaping permitted only inside your personal vehicle.

- Open Field or Grass
- Forest
- Developed Area
- Water
- Wetland



- Bike Trail (2 mi)
- Blue Dot Trail (2.7 mi)
- Blue Trail (0.25 mi)
- Continental Lane Trail (1.4 mi)
- D&R Canal Trail

- Ewing Trail (0.2 mi)
- Green Dot Trail (1 mi)
- Green Trail (0.2 mi)
- Horseback Riding Trail (2.2 mi)
- Rachel Horne Trail (0.3 mi)

- Red Dot Trail (1.6 mi)
- Red Trail (0.75 mi)
- White Trail (0.2 mi)
- Yellow Dot Trail (1 mi)
- Trail Connector

- Accessible Facility
- Drinking Water
- Garden
- Group Campground
- Historic Site
- Museum
- Observatory
- Open Air Theatre
- Parking Lot
- Parking (Pull Off)

- Picnic Area
- Picnic Shelter
- Playground
- Reservation Required
- Restrooms
- Scenic View
- Wildlife Blind
- Visitor Contact Station

Daily Plan ~ Day 6

Thursday, June 25, 2026

Day Coordinators:

Cindy Kunnas, Delaware River Greenway Partnership – DAILY POINT OF CONTACT
Alison Sommers-Sayre, Delaware River Greenway Partnership
Andy Desko, PA Fish and Boat Commission
Annette Earling, Washington Crossing Park Association
Joe Moore, Washington Crossing State Park
Ross Heutmaker, Friends of Washington Crossing Historic Park

Stretch to be Paddled:

Fireman's Eddy Boat Launch, N.J. (RM 147) to Yardley Boat Launch, Pa. (RM 138.5)
8.5 miles with Class I/I+ rapids, Paddle through Scudders Falls

Evening Camping: Washington Crossing State Park, Phillips Farm Area off of Bear Tavern Rd.



AMERICA'S 250TH
Our Nation's River

Morning Meeting Location for Everyone:

Washington Crossing State Park, Sojourn Camping Area at Phillips Farm

1239 Bear Tavern Road, Titusville, NJ 08560

See directions on page 3

- 7:15 a.m. Breakfast and registration **for all Sojourners in camp at Washington Crossing State Park. Note: Everyone must register each morning.**
- 7:30 a.m. **Arriving today with a boat?** Drop off with NEWE livery by this time.
- 8:15 a.m. Livery with boats and NCSP safeties depart for launch location
- 8:15 a.m. Sojourn Welcome + from Washington Crossing State Park & Washington Crossing Parks Association
- 9:00 a.m. **Buses leave** camp for Fireman's Eddy Launch
- 9:15 a.m. Safety Talk at Fireman's Eddy
- 9:45 a.m. Optional paddling instruction for new paddlers with National Canoe Safety Patrol.
- 10:00 a.m. Begin launch from Fireman's Eddy and paddle to Washington Crossing Historic Park
- 12 p.m. Lunch and Programming at Washington Crossing Historic Park. Program to include film showing, soldiers' encampment, blacksmithing demo, Durham Boat barn, America's Symbol: the Bald Eagle + more – by Friends of Washington Crossing Historic Park + DCNR Washington Crossing Historic Park
- ~2:00 p.m. Resume paddling, paddle through Scudders Falls
- 3:30 p.m. Approx. Take-out at Yardley, Pa. Boat Ramp
- 4:00 p.m. Shuttle back to Washington Crossing State Park camp

Emergency Contact:

911

After Hrs – Trenton Dispatch 1-877-927-6337

- 4:30-6:30 p.m. Showers offsite – Orange Theory Fitness, Newtown, Pa. [2 unisex showers; [directions](#)]
6:30 p.m. Dinner
7:30 p.m. Evening program – by Washington Crossing State Park & Washington Crossing Park Association.
Learn about the new Visitors' Center & Park Programming, followed by Lightning Bug Night Hike
10:30 p.m. Quiet Hours in camp

Please Note: If bringing your own boat, please make sure it has up-to-date registration and/or current launch permits.

Many Thanks to Today's Sojourn Partners:

Delaware River Sojourn Steering Committee; Upper Delaware Preservation Coalition; Northeast Wilderness Experience; State of New Jersey, Dept. of Environmental Protection, Division of Parks and Forestry, Washington Crossing State Park and Delaware & Raritan Canal State Park; National Canoe Safety Patrol; Delaware River Greenway Partnership; Washington Crossing Park Association; Pennsylvania Fish and Boat Commission; Friends of Washington Crossing Historic Park; PA DCNR Washington Crossing Historic Park; We Transport; Colonial Farms; and Orange Theory Fitness

****The Sojourn thanks Jessica Yoder for creating our 2026 logo design and Sandy Schultz for designing the 2026 itinerary maps and paddle!****

Special Thanks to 2026 Sojourn Grantors, Donors & Sponsors:

Pennsylvania Organization of Watersheds and Rivers (POWR); ShopRite; NPS Lower Delaware Wild and Scenic River; Delaware River Basin Commission; Northampton County Parks, Recreation & Conservation; Explore Warren County; and PPL

Evening Camping Info (park map on pgs 5-6)

- The Sojourn will be camping in Washington Crossing State Park off of Bear Tavern Road in the Phillips Farm Area; campsites are in the woods (to left of lat/long pin in below pic)
- Campground offers portable toilets and hand-washing stations; planned showers offsite
- Be bear aware! Do not leave food unattended in tents or open cars; properly dispose of all garbage.
- Sojourn CANNOT drive into the camping area; park in the parking lot and along driveway & carry in
- Sojourn participants can camp in cars, but CANNOT set-up camping tents near cars in the adjacent fields
- No dumping from trailers, no electric or water hook up
- Carry in, carry out
- Fire rings – each group campsite has one fire ring (4 total); neighbors adjacent to the park sell firewood
- No alcohol permitted
- Quiet hours after 10:00 p.m.

Emergency Contact:

911

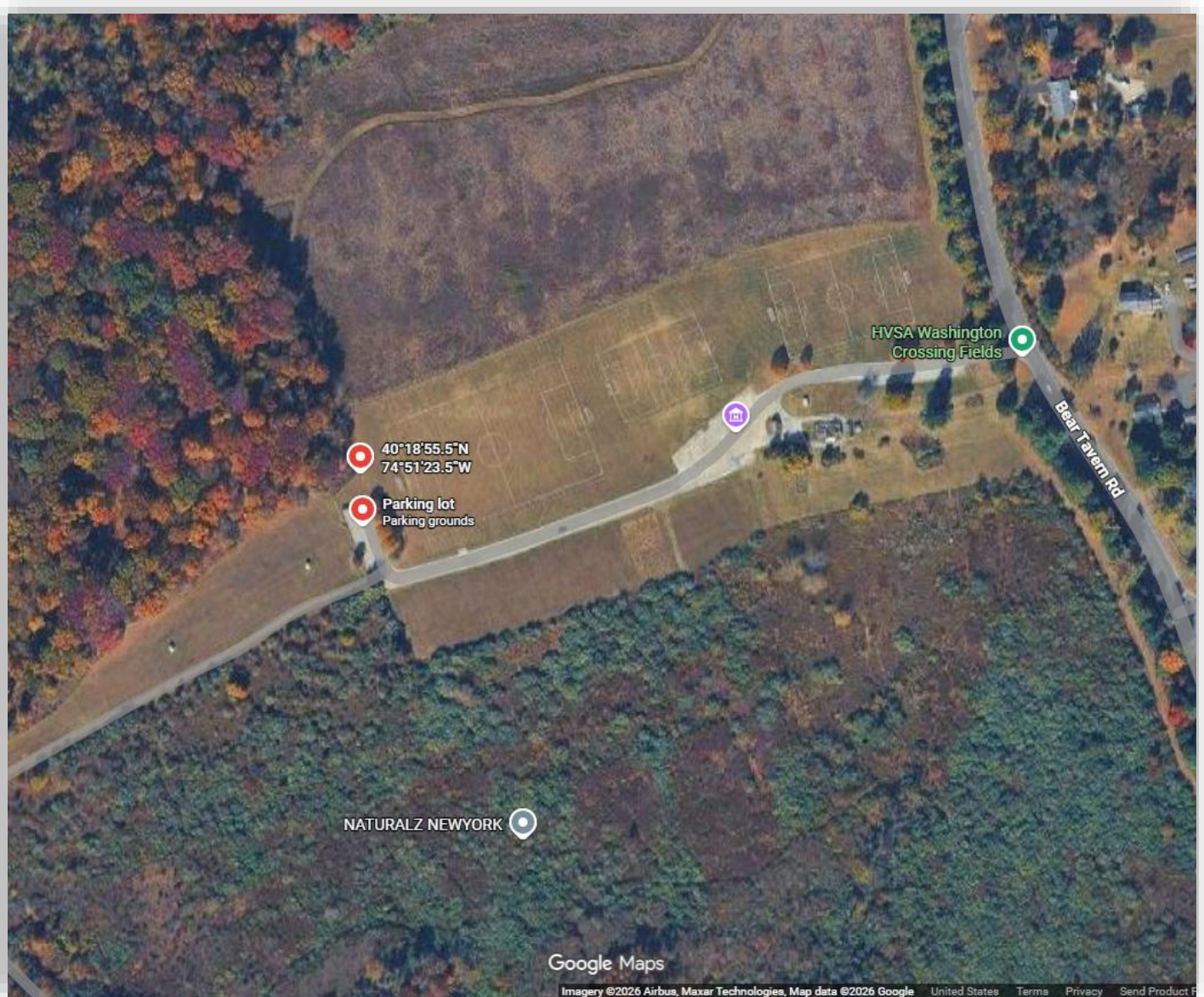
After Hrs – Trenton Dispatch 1-877-927-6337

**Joining Today? Morning Driving Directions to Washington Crossing State Park:
Phillips Farm Camping Area: 1239 Bear Tavern Rd., Titusville, NJ 08560**

- Click to make your own directions: <https://maps.app.goo.gl/R6ti1ZeNewHogndN8>
- Camping Parking lot GPS: 40.31541, -74.85652

Washington Crossing State Park, NJ – CAMPSITE & REGISTRATION AREA

Phillips Farm Parking Lot, 1239 Bear Tavern Rd., Titusville, NJ 08560 - 40°18'55.5"N 74°51'23.5"W
Look for Sojourn signs



Emergency Contact:

911

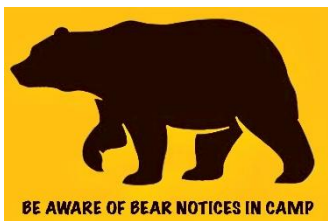
After Hrs – Trenton Dispatch 1-877-927-6337



Day 6 ~Thursday, June 25, 2026

**Fireman's Eddy, NJ (RM 147) to
Yardley Boat Launch, PA (RM 138)**

8.5 MILES CLASS I & I+ RAPIDS



Emergency Contact:

911

After Hrs – Trenton Dispatch 1-877-927-6337

Daily Plan ~ Day 7

Friday, June 26, 2026

Day Coordinators:

Prem Trivedi, Riverways Collaboration
Mayci Shimon, Riverways Collaboration
Stef Kroll, Riverways Collaboration
Sandy Schultz

Stretch to be Paddled:

Pleasant Hill Park/Linden Ave., Philadelphia, PA to Neshaminy State Park and back; 5 miles each way, travel with the tide

10 miles with smooth tidal waters



AMERICA'S 250TH
Our Nation's River

Campers: Break camp at Washington Crossing State Park & drive to Pleasant Hill Park/Linden Ave. Boat Ramp – see directions on page 2

Arriving Today? Travel to Pleasant Hill Park/Linden Ave. Boat Ramp – see general directions link on page 2

- 7:00 a.m. Campers break camp.
- 7:30 a.m. Campers leave Washington Crossing State Park and head to Pleasant Hill Park.
- 8:00 a.m. Breakfast and registration **for all Sojourners at Pleasant Hill Park. Note: Everyone must register each morning. Cars will be parked here for the day.**
- 8:45 a.m. **Arriving today with a boat?** Drop off with NEWE livery by this time.
- 9:00 a.m. Welcome + remarks from Emilia Crotty, Pennsylvania Environmental Council, and Safety Talk
- 9:45 a.m. Optional paddling instruction for new paddlers with National Canoe Safety Patrol
- 10:00 a.m. **Begin launch into river**
- 12:30 p.m. Lunch and programs at Neshaminy State Park by Rob Campion, Neshaminy State Park Manager and Doug Miller, Pennsbury Manor
- 1:30 p.m. Resume paddling back to Pleasant Hill Park
- 3:30 p.m. Takeout of river at Pleasant Hill Park
- 3:45 p.m. Sojourn Finale Celebration: Raffle, Water Ice and Riverways Partner Meet & Greet with Center for Aquatic Sciences and Glen Foerd

Please Note: If bringing your own boat, please make sure it has up-to-date registration and/or current launch permits.

THANK YOU FOR A WONDERFUL 2026 DELAWARE RIVER SOJOURN! SEE YOU NEXT YEAR!

Many Thanks to Today's Sojourn Partners:

Delaware River Sojourn Steering Committee; Upper Delaware Preservation Coalition; Northeast Wilderness Experience; State of New Jersey, Dept. of Environmental Protection, Division of Parks and Forestry, Washington Crossing State Park; National Canoe Safety Patrol; Riverways Collaboration; Philadelphia Parks and Recreation; PA DCNR Neshaminy State Park; Pennsbury Manor; Pennsylvania Environmental Council; Center for Aquatic Sciences; Glen Foerd; Cathedral Kitchen; and John's Water Ice

****The Sojourn thanks Jessica Yoder for creating our 2026 logo design and Sandy Schultz for designing the 2026 itinerary maps and paddle!****

Special Thanks to 2026 Sojourn Grantors, Donors & Sponsors:

Pennsylvania Organization of Watersheds and Rivers (POWR); ShopRite; NPS Lower Delaware Wild and Scenic River; Delaware River Basin Commission; Northampton County Parks, Recreation & Conservation; Explore Warren County; and PPL

**Joining Today? General Directions to
Pleasant Hill Park/Linden Ave. Boat Ramp
Baxter Trail, Philadelphia, PA 19136**

- [Click here for a link to create your own directions to Pleasant Hill Park/Linden Ave. Boat Ramp](#)

**Campers: Driving Directions from Washington Crossing State Park to
Pleasant Hill Park/Linden Ave. Boat Ramp
Phillips Farm Camping Area off of Bear Tavern Rd to Baxter Trail, Philadelphia, PA 19136
(25 miles, 32 minutes)**

- [Click here for Google Maps directions from Washington Crossing to Linden Ave. Boat Ramp](#)


Driving Directions from Washington Crossing, NJ to Pleasant Hill Park, Phila.

- Head out of Parking Area
- Turn right onto Bear Tavern Rd/Trenton Harbourton Rd, continue for 3 miles
- Take the I-295 N ramp towards Philadelphia
- Enter PA, road turns into I-295 W and I-95 S (21 miles)
- Take exit 32 from I-95 S for Academy Rd toward Linden Ave (0.3 mi)
- Slight right onto the Torresdale Ave ramp, take the ramp to Torresdale Ave (0.2 mi)
- Turn left onto Torresdale Ave (500 ft)
- Turn right onto Linden Ave (0.7 mi)
- Continue straight onto N Delaware Ave (0.1 mi)
- Turn left to stay on Delaware Ave.
- Arrive at Pleasant Hill Park/Linden Boat Ramp

TRAVEL ON YOUR OWN TO PLEASANT HILL PARK

8:30 A.M.
REGISTRATION
AND BREAKFAST

9:30 A.M. WELCOME
AND SAFETY BRIEFING

3:30 P.M. -  !!!

10:00 A.M.
LAUNCH

1:30 P.M.
RESUME PADDLING 115

Neshaminy
State Park
Lunch Program

Pleasant
Hill Park

PENNSYLVANIA
NEW JERSEY

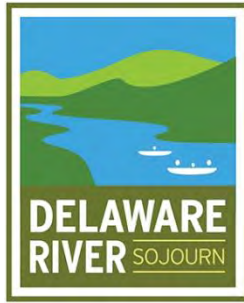
DELAWARE RIVER SOJOURN

Day 7 ~ Friday June 26, 2026

Pleasant Hill Park to Neshaminy
State Park and Return

5 MILES EACH WAY
PADDLE WITH THE TIDE

JUNE 26, 2026 TIDES
HIGH ~ 12:30 A.M.
LOW ~ 7:28 A.M.
HIGH ~ 12:55 P.M.



DELAWARE RIVER SOJOURN PACKING LIST

General:

- GPS (car)
- Maps (road, river-optional)
- Reservation/trip info (printed-out Day Plans)
- Phone/watch/laptop chargers, cords, and/or power pack (some campsites have limited electrical outlets available, but most charging will have to be in your vehicle. Also, wifi/cell svc can be very spotty in places.)

Camp gear/supplies:

- Foldable cart with large wheels to help transport gear from car to campsite (cannot always camp next to car)
- Ground cloths/tarps: waterproof, for tent x 2 (one for inside tent floor, one for underneath tent)
- Pillow
- Sleeping bag or bedroll/sheets & blankets
- Sleeping pad
- Tent with waterproof fly
- Mallet or hammer for tent stakes
- Small (solar) LED light/lantern for inside tent
- ***Lawn chair***
- Small camp table
- Small tarp/rug/door mat to keep your tent clean
- Camp knife/fork/spoon
- Coffee mug
- Clothesline, pins
- Reusable grocery bag for carrying stuff around in, organizing tent, etc.
- Flashlight/headlamp (headlamps are handy in dark port-o-johns)
- Battery/solar-powered tent fan
- Zip-loc bags/Paper towels/Trash bags
- Spare batteries
- Tissues
- Toilet paper (spare roll)
- Duct tape (you never know!)
- Books/cards/games
- Teddy bear or other emotional-support plushies (optional)
- Citronella candle or other light for evenings
- Backpack - optional

Meds/Toiletries:

- *****Any personal meds/vitamins** (with extra doses in case some get wet/lost, etc.), with a good container to keep them in
- Personal toiletries, Toothbrush/toothpaste, nail clipper, shaver, etc.
- Allergy meds (personal Epi-pen, if necessary)
- *****Sunscreen*****
- *****Insect repellent** (DEET or pyrethrin/picaridin – can also buy spray-on pyrethrin to treat clothes)
- Soap /shampoo (biodegradable)
- Hand Sanitizer
- Earplugs/eye mask
- Towel(s)/Washcloth
- Personal eyeglasses with case (consider an extra pair, just in case)
- First aid: Band-Aids, first aid cream, any OTC meds for gastrointestinal issues, antihistamines, Benadryl/cortisone cream for insect bites, sleep aids, eyedrops, Athlete’s foot meds, etc.
- Ibuprofen/Tylenol/Advil, etc.

Clothing:

(General Rule when camping/paddling: Avoid cotton whenever possible in damp environments, and ESPECIALLY when paddling.)

- **PADDLING CLOTHES:**
 - Long sleeve, SPF 50 shirt(s) – great for sun protection while paddling, can wear over paddling top
 - Paddling top(s) - (non-cotton) – light, poly-blend, quick-drying (several)
 - Paddling shorts: quick-dry material, “board shorts” work well (baggy, longer length good for sun protection) – several pairs
 - “Rash-guard” shirt for sun protection (light nylon long-sleeved swim top)
 - Bandana (for neck sun protection, etc.)
- *****River shoes (closed-toe)*****
- *****Sweater/jacket** – fleece is best, gets chilly at night and in AMs
- Convertible cargo pants, quick-dry material (bottoms zip off to convert to shorts) – work much better than jeans in damp environment – very useful
- Pajamas: Sweatshirt/pants and light shorts/t-shirt (weather is very variable)
- Bathing suit (optional – will usually swim in the river in paddling clothes)
- Beach towel
- *****Eyeglass retainer(s)**
- Hat (BB cap and/or good sun hat for paddling, with a chin strap for wind)
- Hiking shoes (optional)
- Regular socks, warm (wool/fleece) socks
- Regular shorts, t-shirts for around camp
- Underwear/bras (light, quick-dry if possible)
- Extra poncho for emergencies
- Sandals/sneakers for around camp (flip-flops for showering)
- *****Sunglasses** (consider an extra pair, in case)

River gear:

- Personal life jacket (PFD), if you have one (optional; the livery provides life jackets)
- Personal paddle, if you have one (optional; the livery provides paddles)
- Rain gear – dependable, breathable nylon hooded jacket and pants (can get in most sporting goods stores or Walmart camping section)
- Paddle Gloves (can also use weight-lifting-type, fingerless gloves) – come in handy
- Camera (waterproof)
- Dry bag/case for phone, car keys
- Several dry bags (different sizes -not too big) for gear in boat, and small lengths of cord for securing into boat
- “River wallet”: small, waterproof bag (zip-loc, etc.) with ID/license, insurance cards, a credit card, and a little cash – just the essentials in case you hurt yourself and have to go directly to the ER! Leave everything else secured in your locked car.
- Fleece sweater; pocket-sized emergency (Mylar) blanket to pack in dry bag (if you get wet, can come in handy)
- Carabiners come in handy
- Light cloth or towel to protect thighs from sun in kayak
- Water bottle(s)-double-walled, insulated metal is best for keeping cold
- Seat pad for kayak (optional, but the seats are hard plastic – a seat pad can be very helpful!)
- Mesh bag to carry river gear is very helpful – all gear must be removed from boats at end of day.
- Bailing bucket for kayak (or actual bailer, if you have one. A plastic, gallon-sized container made into a scoop works well) – optional
- Bungee cords come in handy
- Insulated lunch/bottle bag (optional)

Drinks/Snacks: (***)**Note:** We will be camping in **bear country** at Worthington & other camping locations – the less food you have in your car, the better, and **NONE** should be kept in your tent, not even in coolers!***). The Sojourn provides most meals and **offers limited snacks to take on the river**. Please note that alcoholic beverages are not permitted in any State Park or National Park Service campgrounds.

- Water (always good to have extra water on hand)
- Electrolyte mix
- Iced tea mix
- Chips/pretzels/Fruit Snacks
- Granola/trail mix/Jerky/Nuts

Optional:

- Personal Kayak/Canoe (Note: If you bring a personal boat, the Livery folks will transport it between campsites and the river. No need to put it back on your car until you leave).
- Spray skirt for personal boat
- Helmet (if wearing a spray skirt, must have helmet)

*List originally submitted by Rob McCue, Sojourn Participant
updated May 2024 by Lorraine Martinez, Sojourn Steering Committee*



Safety Plan

2026 Delaware River Sojourn: June 20-26

The purpose of the Delaware River Sojourn is to heighten awareness and appreciation of the Delaware River; to celebrate the river's unique attributes; to foster stewardship for the river; and to introduce individuals, families and organizations to the Delaware River and paddling, by means of the Sojourn. The goal of the Sojourn is to provide all participants with both a meaningful and safe paddling experience. The Sojourn also seeks to draw positive media attention to the event and to the river. The Delaware River is particularly well suited to a public event of the Sojourn's nature, a multi-day trip that in 2026 will be open to roughly 100 daily participants. In addition to being scenic, the river has sufficient flows for recreational boating, and for the most part, has gradients and stream conditions suitable for both novice and experienced paddlers.

The purpose of this Safety Plan is to set forth the safety parameters by which the Sojourn will be conducted as an event that invites public participation. Despite scenic beauty and tranquil surroundings, the river and the natural environment cannot be taken for granted. It is necessary to plan for event safety, particularly as the 2026 Sojourn is a multi-day event covering roughly 70 river miles. Since its inception in 1995, the Delaware River Sojourn has been a planned event. This Safety Plan puts into writing the safety principles that have guided past Sojourns and will continue to guide future Sojourns. The primary components of the Safety Plan are planning; prevention; control; land coordination; emergency response and event/incident review.

I. Planning and Preparation: Every day of the Sojourn is planned. Day planners map and verify routes, put-ins, and take-outs before the event to familiarize themselves and to ensure the route's safety. Day sheets and program confirmation sheets are prepared for each day and for all programs and events. Each day, there is a designated trip leader as well as identified, trained National Canoe Safety Patrol members having specific leadership roles. The event is insured, and participants will be required to sign a waiver and to comply with Sojourn rules.

A. Event Insurance: The Sojourn Steering Committee will apply for American Canoe Association (ACA) Event Sanctioning and event insurance. Insurance coverage costs will be built into Sojourn registration fees and will be collected as part of the initial registration package. Certificates of Insurance will be provided to Sojourn partners,

sponsors, landowners and vendors. Members of the Steering Committee are covered by a separate D&O insurance policy.

B. Waiver: Sojourners and other Sojourn participants will be required to sign a waiver. The waiver forms (for both adults and children) are provided by the ACA and distributed by the Sojourn to its participants. Our livery, Northeast Wilderness Experience, also requires participants to complete a waiver. Failure or refusal to sign the waivers will result in dismissal from the trip. Registration materials warn prospective participants of the danger of outdoor activities and the river environment and also stress personal responsibility.

C. Day Plans: The Sojourn is a completely planned event. Each day is planned in detail, and day plans are developed and widely distributed to Sojourners and program providers so that everyone knows the day's schedule. All events take place rain or shine; however, our experienced safety team will not allow paddling in dangerous circumstances. In the case of high water, planners are required to have "back-up" plans. These alternative, land-based activity plans are then utilized. The primary safety-related components of the day plan are:

1. Rendezvous: Where to meet, when to meet, and how to get there. Other topics include programs, activities, meal plans, and overnight accommodations. Participants will check in daily, and, if not already done, sign a waiver.

2. Transportation: Shuttle arrangements from rendezvous location to put in and/or from take out are addressed and include directions and transportation provider, if supplied.

3. Put-in: Location and ownership identified and permission to use the site, if not a public access, is obtained in advance of the Sojourn.

4. Mandatory Safety Briefing: Each day, all Sojourners, Sojourn staff, VIP's and members of the media will be required to attend a Mandatory Safety Briefing presented by the National Canoe Safety Patrol members accompanying the Sojourn. Refusal to attend or participate in the Safety Briefing will result in ejection from the trip and forfeiture of the day's Sojourn fees. A brief outline of the topics covered in the safety briefing is included as part of this safety plan.

Special conditions to be encountered during the day will be covered in the briefing. For example, weather, flows, possible hazards, stream etiquette, and sharing the river with anglers and other recreational users will be discussed. If the river is flowing well above average, Sojourners will be given the option of using rafts instead of canoes/kayaks; conditions will dictate how the trip is to be run.

Several “bailout” spots have also been identified/planned for in case any Sojourn participant needs to stop paddling on any given day.

5. Stops: Prior to launching, the day’s programs, stops, and events will be discussed, including how to signal Sojourners to stop and pull over for lunch, a program, or to take-out at the end of the day.

6. Emergency Contacts: Each day plan includes a section on emergency contacts with telephone numbers. It is the responsibility of the Sojourn section organizers (day planners) to ensure that the emergency services providers identified have been notified of the Sojourn and have appropriate information on the event.

a. On the Upper Delaware Section, National Park Service (NPS) will provide a radio to the National Canoe Safety Patrol (NCSP) for communications with land-based emergency services personnel and NPS dispatcher.

b. In the Middle Delaware Section, communications will be by National Park Service radio and cellular telephone.

c. In the Lower and Tidal Sections, emergency communications to land-based emergency services will be by cellular telephone. NCSPs on water with us also use radios.

D. Leadership Roles and Responsibilities: Each day, individuals playing leadership roles in the Sojourn will be identified on the day plan. These people include:

1. River Trip Leader: The river trip leader is a member of the National Canoe Safety Patrol (NCSP). The trip leader will be identified daily by the section leadership (day planners) and is sufficiently familiar with the section of the river being paddled to serve as a local guide for the Sojourners.

The trip leader will be in the lead canoe and will be responsible for setting a suitable pace for the event. If the group gets strung out to the extent that a safe rescue cannot be executed by the sweep boats, then the leader will stop the group until the stragglers catch up. The trip leader will also insist that faster paddlers do not pass the lead boat and that they stay with the Sojourn. The trip leader will know the locations of planned stops and the take-out location and is responsible for ensuring that stops are made. And, the trip leader has the authority to cancel or terminate a day’s trip if they judge river conditions to be unsafe due to weather or flows. Likewise, they will have the authority to eject Sojourners who are behaving in an unsafe manner, which puts themselves, would-be rescuers, other Sojourners, or the Sojourn at risk.

2. Safety Patrol: The Delaware Sojourn has properly trained and experienced safety personnel, all active members of NCSP. All members of the safety team must have current certification in CPR and First Aid, and many are members of ACA. Some have swift water rescue training (for example, ACA certification in first aid, water safety, and canoeing). They must be capable of performing rescues and serving as first responders. All must complete annual NCSP training in late April/early May. They are equipped with first aid kits and other rescue equipment.

Approximately eight to ten National Canoe Safety Patrol (NCSP) members will accompany the sojourn each day, with more or fewer as needed depending on group size; on average, we have one safety team member per 10 sojourn participants. All members of the safety patrol will be identified during the mandatory morning safety briefing. They will assess river conditions each day and make recommendations to the other Sojourn Steering Committee members and event planners regarding river safety for the day.

The safety patrol members will present daily safety briefings prior to each day's launch. They will paddle with the group at all times, one in the lead position, several mixed throughout the middle of the group, and one in the sweep position, who will assist stragglers and other Sojourners needing help. They will also assess the formation of the group, and if, in their judgment, the group is getting too strung out, they will signal the lead boat to stop so that the Sojourners can regroup.

3. Sojourn Committee Chair(s): On each day of the Sojourn, it is expected that the chair of the Steering Committee will be present. If not, the day planners (see below) will lead communications amongst the River Trip Leader, Safety Patrol, Sojourn Ambassadors, Land Coordinators, and Sojourn participants.

4. Day Planners: Each section of the Delaware Sojourn is planned by day planners. These individuals will be present on their planned days, and each day will have one planner named the main point of contact for that day. The main point of contact will be responsible for making morning announcements, communicating important schedule or other updates, and will be available to Sojourn participants throughout the day to deal with any problems, issues, complaints, or concerns that arise. Day planners have scouted the river section to be paddled that day and are aware of current conditions and all planned stops along the day's route.

5. Land Support: Each day, there will be designated Land Support. In addition to providing water, transporting lunches, snacks, VIP's, and media, land support coordinators will meet the Sojourners at all of their stops and will be available to provide emergency support, directions, and transportation. While dedicated

emergency vehicles are not on-site, our land support team is able to provide emergency transportation, if needed.

6. Sojourn Ambassadors: Ambassadors are volunteers who act as the liaisons between sojourn participants and the safety team. Many of the ambassadors are members of the Sojourn Steering Committee. They are experienced paddlers and are there to help answer questions, demonstrate paddling best practices, and help sojourners with launches and landings.

II. Prevention: The Delaware River Sojourn Steering Committee places heavy reliance on planning and prevention as the means of assuring that the Sojourn will be a safe and enjoyable experience for all who participate. Members of the National Canoe Safety Patrol serve as partners on the Delaware River Sojourn Steering Committee and participate in planning the trip and the safety component of the Sojourn.

Safety Patrol members will conduct a daily mandatory safety briefing for the Sojourners (an outline of the topics covered is included as part of this safety plan). In addition, they will cover safety for a group paddling together so that Sojourners will know what they are supposed to do if there is an incident. If need be, they will conduct practice drills to ensure a quick response.

Experienced Sojourners are also invited to share their knowledge of the river and paddling with others.

The Sojourn has instituted policies to help assure a successful event.

- A. PFDs:** All Sojourners (adults and children) will be required to wear a U.S. Coast Guard Type III approved personal flotation device (PFD or lifejacket) when they are on the water. Inflatable PFDs are prohibited. Failure or refusal to wear a PFD will result in ejection from the Sojourn and forfeiture of the day's Sojourn fees. This is also mandatory during swim breaks.
- B. Children:** Children under the age of 18 are the responsibility of, and must be accompanied by, a parent or guardian. A waiver must be signed on their behalf. They should be able to swim. Children must weigh at least 40 pounds and be properly fitted with a PFD.
- C. Alcohol:** It is a written and stated policy of the Sojourn that no alcohol will be served or consumed prior to the completion of each day's on-river paddling activities or in campgrounds where it is not permitted.
- D. Glass containers:** Glass containers are not allowed on the river.
- E. Animals:** No pets are allowed.

- F. Safety:** All Sojourners must attend daily safety briefings, adhere to the guidelines presented, and follow the directions of the safety patrol in response to weather and river conditions, trip management, and emergencies.
- G. Spectators:** While at times there may be spectators at launch, take out, or lunch/program sites, this is not guaranteed. The Sojourn committee and day planners try to gauge in advance – to the extent possible – the number of potential spectators on any given day. If they are invited by the Sojourn, they will be notified of the day’s plans and considered part of the Sojourn. These individuals will be treated like participants and will follow the same rules and adhere to the same procedures.
- H. Weather and Shelter:** Sojourn participants are notified of their supply needs prior to the event – i.e., sunscreen, hat, clothing, raingear, water shoes, plenty of water, snacks while on the water, etc. Sojourners are also required to provide their own camping equipment.

Sojourners know in advance that we paddle rain or shine, unless the Trip Leader and Safety Team decide that conditions are not suitable for paddling. These concepts and needs are reinforced in the Mandatory Safety Briefing. Daily weather conditions, pertinent river information, and thunderstorm policies are also outlined during the safety briefing. Sojourners are reminded to look out for one another and notify the Safety Team if they or someone else is in distress and in need of assistance (for example, if starting to show signs of heat fatigue).

- I. Water and Facilities:** Water and some snacks (in addition to meals) are provided by the Sojourn, but participants are encouraged to also bring supplies adequate for their own needs. Toilet facilities will be provided at all camping/registration locations and most lunch and rest stops; some facilities are flush, some may be portable. Shower facilities or sun showers are provided at camping locations.

III. Control: The members of the Delaware River Sojourn have given considerable thought to the development of policies and structuring their organization and event to assure both enjoyment and safety for participants. This plan is flexible and additions will be made as needed to assure a successful event. However, there are additional important components needed to make the plan and preparation effective.

A. Notice: Notice of the Sojourn’s policies are included and emphasized in both registration and confirmation materials. Registration and policy information is also posted on the Sojourn website, <https://delawariversojourn.com>.

B. Enforcement: In addition to developing plans, preparations, and policies, there must be the will to enforce. Sojourn leadership is responsible for making clear the consequences of violating sojourn policies regarding its policies. Sojourners who do not

follow the instructions of the daily trip leader, safety patrollers, and other sojourn leaders endanger themselves, their would-be rescuers, and the welfare of other Sojourners and the Sojourn itself. *They will be subject to ejection from the Sojourn and will forfeit all fees for the remainder of the trip.* The River Trip Leader, in consultation with Sojourn Staff and Steering Committee members present, has the responsibility and authority to enforce policies and to eject individuals who do not follow Sojourn policies or the directions of the Safety Patrol.

IV. Other Needed Permits: If needed, the Sojourn will obtain any and all Special Use Permits necessary, for example, from the National Park Service (NPS) in sections of the river managed by the NPS. The Sojourn will do likewise for Pa. Fish and Boat Commission river access sites, if applicable. The Special Use Permits address safety and insurance issues. Our trip leader, day planners, safety team members, and land coordinators will coordinate with one another in the event of an emergency.

In general terms, emergencies will be managed as follows: Sojourners will be instructed to pull to shore while the Safety Patrol performs rescues or provides treatment; safety will be sought in storms; and when necessary, contact will be initiated with the land coordinator.

V. Reporting and Incident Review: Incidents will be reported to the appropriate authorities. Sojourn Steering Committee members will have ACA packets with forms to fill out, if it becomes necessary. If an incident occurs on a section where the National Park Service has jurisdiction, the agency will document the incident and conduct an investigation, if warranted.

VI. Safety Plan Distribution: The Safety Plan will be distributed to Sojourn Steering Committee partners and to other individuals, agencies, and organizations on request. It will also be posted on the Sojourn's website.



SAFETY GUIDELINES – DELAWARE RIVER SOJOURN

PERSONAL EQUIPMENT

1. **PFD's** (Personal Flotation Device) must be worn **at all times** on the river or within 10' of the water: kayaking, canoeing, swimming, and wading: ALWAYS. PFD's must be properly fastened and tightly fitted. Ask someone to pull upward on the shoulder straps of your PFD. If the straps move up to your ears, the PFD is not tight enough. When wet, the PFD can slide up on your body and interfere with arm movement, or even go over your head, so it is important that it is tightly fitted before getting out on the water. No inflatable or self-inflatable PFDs allowed.
2. **Wear protective foot gear.** River bottoms often contain broken glass and other sharp objects. Water shoes are best, but sneakers also work. Footwear should be closed-toe.
3. **Proper clothing.** Anticipate weather and water conditions. Dress and protect yourself accordingly. See gear list below.

DAILY CONDITIONS AND WEATHER

1. **Today's weather.** Going over the daily weather forecast is included in the daily safety briefing.
2. **Today's river conditions.** Going over the river conditions of the section to be paddled is part of the daily safety briefing.

PADDLING PROTOCOL

1. Keep **BOAT POINTED DOWNSTREAM.** If you are sideways and hit a rock, you are more likely to capsize.
2. **LEAD Boat** and **SWEEP Boat.** No one is to paddle in front of the LEAD boat or lag behind the SWEEP boat. If the lead boat is involved in a rescue, all paddlers are to wait for the Safety personnel to return to the lead position.
 - Paddling is an activity that demands effort on your part. We do not simply float, but paddle for several hours, which requires some work. Please keep up with the group and do not hold up others unnecessarily.
 - Likewise, we are not in a race. The lead boat will set a comfortable pace. Keep up, but do not paddle beyond the leader.
3. Always **follow the directions** of the lead boat and safety team members. When the lead boat stops, we all stop.
4. **Do not indulge in horseplay, splashing, or colliding with other boats.** In hot conditions, engage in water play only with those who have given permission. NEVER splash with paddles.
5. **RAPIDS.** Safety personnel will guide us through the more challenging rapids; follow their instructions. Proceed single file through the rapids spaced at least three or four boat lengths behind the boat in front of you. If someone gets stuck on a rock, you do not want to plow into them.
 - Avoid hazards well in advance. Rocks, trees in the water, bridge piers, boats pinned or stuck on rocks – all can cause you problems. Stay clear – start avoiding them well in advance.
 - Safety personnel will often position their boats behind partially submerged rocks. DO NOT paddle toward them. Watch for paddle signals to indicate which channel to take.
6. **STRAINERS.** Strainers are trees and other debris that project into the river from the shoreline that may not be visible. STAY AWAY!
7. Leave nothing but footprints wherever you are. Re-check before leaving. This is important.

COMMUNICATIONS

Rivers are wide and our group is large, so we communicate with **Paddle Signals** and **Whistle Blasts**. Safety personnel use radios to stay in communication with each other.

Paddle Signals:

1. **Paddle Straight Up.** Clear paddling. Continue straight ahead.
2. **Paddle Horizontal with both hands.** STOP paddling or back-paddle (pass the signal to boats upstream).
3. **Paddle aloft at an angle.** Best channel is in the direction the paddle is pointing.
4. **Paddle aloft at an angle – moving rapidly up and down.** MOVE IN THAT DIRECTION QUICKLY!!

Whistle Blasts:

One Blast. Everyone's attention is needed.

Two Blasts. Stop paddling downstream. Paddle towards shore.

Three Blasts. Danger or trouble! **-OR-** Someone is out of their boat (“Swimmer”).

Verbal Communications:

1. If you have a medical concern that we should know about, please notify a member of the Safety Team.
2. If you need to leave the river, tell a member of the Safety Team before you do.

MISHAPS

1. Should you go **sideways against a rock – lean towards the rock** (away from the oncoming current). Begin to work the boat towards one end to pivot around the rock.
2. If you become **disconnected from your boat**, assume a float position on your back. Your feet should be kept together pointing downstream with toes out of the water. Knees should be bent, and your head should be tilted forward. Use your arms to guide/paddle yourself.
 - Do Not attempt to stand in swift moving water unless it is very shallow (i.e. your bottom is hitting the rocks). If the water is deeper than your mid-calf line, do not attempt to walk in moving water. Foot entrapment can occur, which is very dangerous in swift moving water.
 - If another boat is nearby, ask permission to grab the bow or stern.
 - If someone throws you a rope, they will yell “Rope”. Thrust your arms upwards if you are able. Try to grab the rope even if it is a bit off target.
 - Stay upstream from your boat and stay away from it. Your PFD will support you. The danger of being downstream from your boat is that you may become pinned between it and a rock.

TIDEWATER RECOMMENDATIONS / REQUIREMENTS

1. All boats must stay 20' to 40' feet away from vertical walls (unless there is a storm or other safety issue).
2. Stay at least 50' away from large ships unless given permission to approach. Stay at least 50' from military ships –no exceptions.
3. If it becomes very windy and white caps cover the water surface – WAIT FOR SAFETY DIRECTION, HEAD TO SHORE.
4. If you are unskilled in rough water – approach waves at a 90 degree angle and practice balance like riding a bicycle. Tug boats and other motorcraft can make large wakes.
5. Never go into a channel between the red and green channel markers unless you are instructed or guided to cross the river. Channels are dangerous because large ships cannot see you; they need to stay in the channel and cannot stop or turn quickly.
6. If you become tired, get clammy, sweaty, or confused – call for help immediately. Do not try to ride it out.
7. Everyone is responsible for everyone else. Keep an eye on your fellow paddlers. Speak up if you suspect there is a problem or danger.
8. Do not take pictures of bridges from close up. You may be arrested by Homeland Security.
9. Leave nothing but footprints when on land. Re-check before leaving. This is important.

IMPORTANT GEAR TO HAVE WITH YOU

- * Sunscreen; long sleeve shirt; long pants
- * Rain gear

- * Insect repellent
- * Plenty of Water; other non-alcoholic drinking fluids (no glass containers)
- * Snacks
- * Pump or bailer, large sponge
- * Whistle
- * Change of clothes in a dry bag (or double garbage bag, tightly tied)
- * Sunglasses and/or brimmed hat
- * First aid kit
- * Medication you require
- * Eyeglass retainer
- * Trash bag
- * Optional camera and binoculars (waterproof enclosures)
- * Cell Phone or other means of communication (waterproof enclosure)

RENTAL BOATS

1. Adjust foot pedal distance and seat position suitable for you.
2. **Do Not** use the boat for a bathroom.
3. **Remove all Trash** and personal items at the end of each day.



Important Safety Information in Case of Unsafe Conditions during the 2025 Delaware River Sojourn

Water levels are a critical safety issue in river paddling for two reasons:

1. High water increases the speed of the river's flow and can inundate the riverbanks and islands where flooded trees and vegetation can create what are known as "strainers." Strainers are very, very dangerous and can trap boats and people under water.
2. High water changes the characteristics of the rapids on the river. Some "wash-out" while others become more dangerous with higher waves.

In times of high water and/or severe weather, the Sojourn Safety Team will determine whether it is safe to paddle at any time on any given Sojourn Day.

- Please note that high water rescues endanger the people making the rescue. While Sojourn Safety personnel are well trained in rescue techniques, the person nearest to a boat or boater in trouble could be another Sojourner. High water makes the river more dangerous for everyone.
- Equally important to be aware of is the chance and occurrence of storms or other adverse weather conditions, as it is very dangerous to be on the water during periods of lightning and high winds.

If deemed too dangerous to paddle, meals, programs, and camping will still be provided and alternate activities will be offered.

In addition to following the guidance of the Safety Team, the Delaware River Sojourn follows the high water policies of the National Park Service (NPS) Units in the Upper Delaware and Delaware Water Gap and also those that the liveries operating in the Lower Delaware follow.

NPS Upper Delaware River Guidance:

- 1. Barryville Gage at average water levels: 2.5 – 4 ft.** Everyone may take the trip in canoes or kayaks, even if it is raining.
- 2. Barryville Gage at moderate water levels: 4 – 6 ft.** We will take the trip even if it is raining. Rafts are recommended for less skilled boaters. The Sojourn Safety Staff will have the final word in determining who is a skilled boater and who should be in a raft.
- 3. Barryville Gage at high water levels: 6 – 8 ft.** Take the trip even if it is raining and the river is not expected to go above 8 feet. Rafts will be required for all people renting watercraft and for less skilled private boaters. High water waivers will be required for people using private boats; the Sojourn Safety Staff will have the final word in determining who is a highly skilled boater and who should be in a raft.
- 4. Barryville Gage at very high water: 8 feet and above.** There will be No Sojourn River Trip – Alternate activities will be offered.

NPS Delaware Water Gap Guidance:

1. Montague Gage reads 8-15 ft. NPS Delaware Water Gap National Recreation Area issues river advisories when the Montague gage hits 8-15 feet. The advisory closes swimming areas and makes PFD wearing mandatory for all people in boats (non-motor & motor boats).

2. Montague Gage is over 15ft. NPS Delaware Water Gap National Recreation Area closes the river corridor to all boating.

Lower Delaware River Guidance:

1. Riegelsville Gage reads 8 ft. and above. The Safety Team will confer, but there will likely be no River Sojourn trip. Alternate activities will be offered.

Disclaimer: All listings and ratings are taken directly from Google, and have not been independently evaluated by the Sojourn Steering Committee; thus, no specific recommendations are implied. Most of these are within 20-30 min of the campsites.

B&Bs and Hotels near Narrowsburg, NY

There are quite a few hotels and B&Bs within about a 25-30 min drive, as well as several rental cottages and cabins. Monticello is about 20 min away.

Bethel Pastures Farm B&B

5.0 ★★★★★

181 Remenschneider Rd, Jeffersonville, NY 12748
(914) 799-1275

<http://www.bethelpasturesfarm.com/>

The Jeffersonian B&B

4.8 ★★★★★

4858 NY-52, Jeffersonville, NY 12748
(845) 482-5947

<http://www.jeffersonianbnb.com/>

1870 Roebling Inn on the Delaware

4.8 ★★★★★

155 Scenic Dr, Lackawaxen, PA 18435
(570) 685-7900

<http://www.roeblinginn.com/>

The Inn at Lackawaxen

4.2 ★★★★★

188 Scenic Dr, Lackawaxen, PA 18435
570-685-7061

<http://innatlackawaxen.com/>

Lothian House B&B

4.9 ★★★★★

41 Skinners Fls Rd W, Narrowsburg, NY 12764
(201) 665-6406

<http://thelothianhousesny.com/>

Rivers Edge

4.3 ★★★★★

3351 NY-97, Barryville, NY 12719
845-456-0179

<http://www.riversedgeny.com>

Restaurants near Narrowsburg

Sorella

4.8 ★★★★★ \$\$ Pizza

3562 State Rte 55, Kauneonga Lake, NY 12749
(845) 583-4300

Benji & Jake's

4.5 ★★★★★ \$\$ Pizza

5 Horseshoe Lake Rd, Kauneonga Lake, NY 12749

(845) 583-4031

<https://www.benjiandjakes.com/>

The Woodstock Way Groovy Eatery

4.1 ★★★★ \$\$ American

951 NY-17B, Mongaup Valley, NY 12762

(845) 513-5454

<https://thewoodstockway.com>

Himalayan Tavern

4.3 ★★★★★ \$\$ · Nepali

6 Old County Rd, Cochection, NY 12726

(845) 252-5076

<http://www.himalayantavern.com/>

The Inn at Lackawaxen

4.3 ★★★★★ \$\$ ·

188 Scenic Dr, Lackawaxen, PA 18435

570-685-7061

<https://theinnatlackawaxen.com/>

Rivers Edge

4.3 ★★★★★ \$\$\$

3351 NY-97, Barryville, NY 12719

845-456-0179

<http://www.riversedgeny.com>

B&Bs and Hotels near Worthington State Forest

The Shawnee Inn and Golf Resort

4.0 ★★★★★

100 Shawnee Inn Dr, Shawnee on Delaware, PA 18356

(570) 424-4000

<http://www.shawneeinn.com/>

Holiday Inn Express & Suites Stroudsburg-Poconos

4.1 ★★★

1863 W Main St, Stroudsburg, PA 18360

570-872-9040

[Holiday Inn Express - Stroudsburg, PA](#)

Staybridge Suites Stroudsburg (East) Poconos


4.0 ★★★★★  LGBTQ+ friendly

561 Independence Rd, East Stroudsburg, PA 18301

570-420-2828

[Staybridge Suites Stroudsburg \(East\) Poconos](#)

Rainbow Mountain Resort

3.8 ★★★★★  LGBTQ+ friendly – A Vibrant Resort for Gay Men & Lesbians
210 Mt Nebo Rd, East Stroudsburg, PA 18301
570-223-8484
<http://www.rainbowmountain.com/>

Restaurants near Worthington State Forest

Alaska Pete's

4.1 ★★★★★ \$\$\$
151 Seven Bridge Rd, East Stroudsburg, PA 18301
(570) 223-8575
<http://www.alaskapetes.com/>

Petrizzo's

3.8 ★★☆☆ \$\$\$\$ · Pizza
6171 Milford Rd, East Stroudsburg, PA 18302
(570) 588-6414
<http://petrizzos.com/>

Yummy Kebab

4.6 ★★★★★ \$\$ Mediterranean
5019 Milford Rd, East Stroudsburg, PA 18302
(570) 664-0755

K&S Carribean Cuisine

4.8 ★★★★★ · \$\$
2585 Milford Rd Suite 4, East Stroudsburg, PA 18301
(570) 986-1638 <https://kscarribeancuisine.com/>

Bluefoot Cuisine

4.9 ★★★★★ · \$\$ Ecuadorean
266 River Rd, East Stroudsburg, PA 18301
(570) 431-9181
<http://www.bluefootcuisine.com/>

Joe Bosco Authentic Smokehouse BBQ

4.6 ★★★★★ \$\$\$
55 Broad St, Delaware Water Gap, PA 18327
(570) 664-9888
<http://joeboscobbq.net/>

Flame Bistro

4.7 ★★★★★ \$\$\$ Polish
422 Seven Bridge Rd, East Stroudsburg, PA 18301
(272) 200-3916
<https://www.flamebistro.com/>

Saen Thai Cuisine

4.6 ★★★★★ \$\$\$ · Thai
107A Shawnee Square Dr, Shawnee on Delaware, PA 18356
(570) 476-4911
<http://saenthai.com/>

The Gem and Keystone Tavern

4.3 ★★★★★\$

526 River Rd, Shawnee on Delaware, PA 18356

<https://www.shawneeinn.com/poconos-restaurants/the-gem-and-keystone-tavern>

Sycamore Grill Restaurant and Pub

92 Main Street

Delaware Water Gap, PA 18327

570-426-1200

www.sycamoregrille.com

B&Bs and Hotels near Washington's Crossing, NJ

The closest lodging choices are in New Hope/Lambertville, Newtown, and Ewing/Princeton.

Courtyard, Ewing/Princeton

4.1 ★★★★★  LGBTQ+ friendly

360 Scotch Rd, Ewing Township, NJ 08628

609-771-8100

marriott.com

Springhill Suites, Ewing/Princeton South

4.2 ★★★★★  LGBTQ+ friendly

1000 Charles Ewing Blvd, Ewing Township, NJ 08628

609-530-0900

marriott.com

Element/Marriott/Westin, Ewing/Princeton

3.9 ★★★★★  LGBTQ+ friendly

1000 Sam Weinroth Rd, Ewing Township, NJ 08628

609-671-0050

marriott.com

Hampton Inn & Suites, Newtown

4.0 ★★★★★

1000 Stony Hill Rd, Yardley, PA 19067

215-860-1700

hilton.com

Homewood Suites – Newtown/Langhorne

4.2 ★★★★★

110 Pheasant Run, Newtown, PA 18940

215-860-5080

hilton.com

River House at Odette's

4.0 ★★★★★

274 River Rd, New Hope, PA 18938

215-682-2022

<https://www.riverhousenewhope.com/>

New Hope Lodge

4.4 ★★★★★

400 W Bridge St, New Hope, PA 18938

215-862-237

<https://newhopelodge.com/>

Aaron Burr House (B&B)

4.9 ★★★★★

80 W Bridge St, New Hope, PA 18938

267-626-7381

<http://www.aaronburrbandb.com/>

Lambertville House (B&B)

4.3 ★★★★★

32 Bridge St, Lambertville, NJ 08530

609-397-0200

<http://www.lambertvillehouse.com/>

Restaurants near Washington's Crossing

Its Nutts Restaurant

4.4 ★★★★★ · \$\$ · Eclectic

1382 River Rd, Titusville, NJ 08560

(215) 493-3634

<http://itsnuttsrestaurant.com/>

Washington Crossing Inn

4.5 ★★★★★ · \$\$ American · Traditional 1814 home

1295 General Washington Memorial Blvd, Washington Crossing, PA 18977

(215) 493-3634

<http://www.washingtoncrossinginn.com/>

Patriot's Crossing Inn & Wine Shop

4.3 ★★★★★ · \$\$ American

1339 River Rd, Titusville, NJ 08560

(215) 493-3634

<http://www.patriots-crossing.com/>

Original Dominick's Pizzeria

4.6 ★★★★★ · Pizza

1250 General Washington Memorial Blvd, Washington Crossing, PA 18977

(215) 493-1376

<https://originaldominickspizza.pdqonlineordering.com/TitlePage.aspx>

Cinco de Mayo

4.0 ★★★★★ · \$\$ · Mexican

1118 Taylorsville Rd, Washington Crossing, PA 18977

(267) 399-9141

<https://www.cincomayomexicangrillpa.com/>

Erini Restaurant

4.5 ★★★★★ · \$\$ · Mediterranean

1140 River Rd, Ewing Township, NJ 08628

(609) 882-0303

<https://erinirestaurant.com/dinner-menu/>



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Washington Crossing
Park Association

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Our Nation's River

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